

District 19L

NEWSLETTER DISTRICT GOVERNOR ELAINE LUK

August 2023 ISSUE 1



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DISTRICT GOVERNOR'S MESSAGE

Dear Fellow Lions,

Welcome on board to this newly launched District 19L, most of you may be aware that District 19A and District 19I had just finished their brilliant history and a new chapter for District 19L has been unfold in front of us.

Being the first District Governor of the new District, I am encountering lots of challenges and opportunities which I need the assistance of my cabinet team members, all Lions leaders and of course Lions members of this district.

Let's continue to set be visionaries, find multiple pathways to our goals, and persevere together to ***"provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders"***.

I am so humbled and honoured to walk this journey with all of you – the first day of service as District Governor kicked off with a Canada Day Lions Parade in Richmond, being installed by International President Dr. Patti Hill in Boston, and performing installations to various clubs through mainland to Sunshine Coast. It was a month of meaningful and poignant dialogue, Lions conversations, learning and development, and a ferry and too many kilometers to think about.

My motto this year is ***"Lead The Way"*** which echo with the motto of our International President Dr. Patti Hill ***"Changing The World"***. Through the design of my district governor's pin, I would like to deliver the following messages.

The base of the pin is a wishing knot – knowing that difficulties and challenges will come up during this transition moment, I wish we can overcome and work smoothly through.

The middle part is a windmill – there will be changes due to the merging, we need to face it in a positive attitude and make our district to a better future. The top part is a Lions logo and strike shot out – we need to let Lions be more well known to our community, so let all members deliver messages to the public what good things we have done and increase the exposure of our organization.

Without all your support, all messages mentioned above are just only a dream. So let's work together, let my dream come true and make our District grow to a better future.

Yours in Lionism,

Elaine Luk

District 19L District Governor 2023-2024

DISTRICT L EXECUTIVE



DG Elaine Luk



IPDG
May Ho



IPDG
Lia Versaavel



Cab Secretary
PDG Grace Hwo



Cab Treasurer
PZC Teresa Ng



1st VDG
Kevin Borde

DISTRICT L Cabinet Members

CABINET CHAIRPERSONS

GAT Coordinator: DG Elaine Luk
GLT Coordinators: PDG Rita Fok
 PCC Ai Beddows
GMT Coordinators: PDG Kenneth Liu
 PZC Betty Anne Herbert
GET Coordinators: PZC Sherman Lo
GST Coordinators: PCS Clara Chow
 PDG Georgia Medwidrich

COMMITTEES UNDER GST

Vision:
Diabetes: PDG Georgia Medwidrich
Hunger:
Childhood Cancer:
Environment: PZC Pollyanna Lui

BC Lions Society Chairpersons:
 (Mainland) PZC Sharon Hansen
 (Island) PDG Rob Dalton
CARE Chairperson: PZC Jocelyn Wan
Convention Chairperson: PCC Polly Voon
Constitution & Bylaws Chairperson:
 PCC Polly Voon
Contests & Awards: PZC Kitty Lo
Cultural & Com Activities Chairperson:
 PDG Peter Cheng
District Administrator PZC Sherman Lo
District Marketing Chairperson:
 IPDG May Ho
District Newsletter Chairperson:
 Evelyn Smith
LCIF Coordinators: PDG Shella Keung
 PDG Lorne Bunyan
Leo Liaison Chairperson:
 PDG Grace Hwo
LFC Dog Guide Co-chairs:
 PDG Simon Yau
 Carol Martin
Lions Quest Chairpersons:
 PZC Vivian Lo
 Betsy Banford
Parliamentarian: PCC Polly Voon
Peace Poster Co-Chairs:
 Amy Tam
 James Hoskins
Youth Exchange Co-chairs
 PZC George Sim
 IPDG Lia Versaevel

INTRODUCING District 19 - L DISTRICT GOVERNOR ELAINE LUK



DG Elaine and her partner PZC Sherman and LCICON

DG Elaine joined the Vancouver Cathay Lions Club in 2009 but before that she has been working with Lions for nearly 10 years act as a family member together with her husband Sherman.

She is an active Lion not only to her own club but also to clubs in or out of her zone. At Club level, she has served as Secretary, President, Leo Advisor and Directors. She is also the Certified Guiding Lions of Vancouver Legacy Lions Club, Vancouver Northern Star Lions Club and Vancouver Pioneer Lions Club.

At District level, she served as Public Relation Chair, Leo Liaison, Zone Chairperson, Contests & Awards Chairperson, Global Membership Team Coordinator and Global Leadership Team Coordinator. She is a recipient of International Leadership Medal, International President's Appreciation Certificates, Progressive Melvin Jones Fellowship, Judge Brian Stevenson Fellowship, Zone Chairperson of the year Award, District Lion of the Year Award, President, and Secretary Excellence Award.

She is also a graduate of Lions University Master Program, participant of LCI Advance Lions Leadership Institute and LCI Faculty Development Institute.



DG Elaine was born and raised in Hong Kong. She has been married to PZC Sherman and they have two sons



Welcome dinner for incoming DG Elaine in Boston

Dragon Night! Originally founded by former International President Wing Kun Tam 12 years ago, the Lions of the Dragon's Descendants Chinese convened a dinner party at annual conferences around the world!



Being presented the Judge Brian Stevenson Diamond Fellowship by IPDG May Ho with PID Teresa Mann.



DGE graduation certificate



LIONS INTERNATIONAL PRESIDENT PATTI HILL



Meet IP Dr. Patti Hill

IP Dr. Patti Hill from Edmonton, Alberta, Canada was elected to serve as International President of Lions Clubs International at the 105th International Convention, July 2023.

IP Hill is president of a consulting firm. With 30 years of experience as a psychologist, she has mentored graduate students and psychologists in training. She has also championed the rights of children and youth who are deaf and/or blind.



A member of the Edmonton Host Lions Club since 1990, IP Hill has held many offices within the association, including district chairperson for Membership, Environment, Convention and International Cooperation and Understanding. Additionally, she has served as a committee member for the USA/Canada Lions Leadership Forum, multinational coordinator for Campaign Sight First II, secretary for the Lions Eyebank (Alberta) Society, Vice President of the Lions Eye Research Institute of Northern Alberta and presenter at many forums and conventions.

IP Hill has received numerous awards, including several International President's Awards. She has been honored with the Ambassador of Good Will Award, the highest honor the association bestows upon its members. She is also a Progressive Melvin Jones Fellow, and recipient of numerous other fellowships.

In addition to her Lions activities, IP Hill is active in numerous professional and community organizations. She is a member of the Psychologists Association of Alberta, the College of Psychologists and the Community League. In the past, she served as an executive officer of the Alberta Association of School Psychologists and the Association of Canadian Educators of the Hearing Impaired. IP Hill has also served on the Alberta Premier's Council on Persons with Disabilities.

IP Hill and her husband, Greg Holmes, also a Lion, enjoy time with their family which has grown to include Pieter and Carley, Jessica and Mitch, and Erin, Mike and granddaughter, Violet.

Lions know we can't do it alone. To accomplish big things, we all have to pull together, roll up our sleeves and put in the work to make the impossible possible. And we do it with a smile because this is how we live, this is how we serve, and this is who we are as Lions.

Every day, we live out the simplicity, the necessity and the absolute beauty of Together We Can.

To Learn more about IP Patti and her Theme, visit www.lionsclubs.org/en/discover-our-clubs/presidential-theme
Lions International IP Patti Hill Facebook - www.facebook.com/LionsPresident



Swearing in!

IP Patti Hill's Personal Facebook page - www.facebook.com/groups/lions4patti/
Excerpt from her Facebook page:
I adore this amazing group of Lion Leaders serving as Group Leaders supporting our incoming District Governors from around the world!!



2023 - 2024 LCI LEADERSHIP



LION'S INTERNATIONAL CONVENTION HIGHLIGHTS



**More than 700 DGEs
around the world are here**

LCICON video www.facebook.com/reel/654085100098798
 Opening Day video www.facebook.com/reel/654085100098798
 Youth at LCICON video www.facebook.com/reel/848254696727466
 Parade video <https://fb.watch/IHUeV89rLw/>



Lions and Leos service project at LCICON – National Braille Press assemble valuable books for the blind

LION'S INTERNATIONAL CONVENTION HIGHLIGHTS



Parade of Nations

We love a good parade! The #LCIcon2023 Parade of Nations was an amazing display of Lions pride, diversity and kindness. We saw so many Lions and Leos from around the world today.

www.facebook.com/reel/838615481014225



"Changing the World begins with you. It begins with each and every one of us. It begins when all of us truly understand that it is up to us to lead change and make a difference in our world—one life, one relationship, one community at a time." - IP Dr. Patti Hill



Passing the Gavel



Peace poster winners Keaton Hamilton and Emma Andreea



Lions in Motion Fun Run watch video

[//fb.watch/IGZmdidAOT/](https://fb.watch/IGZmdidAOT/)



It's all over!!

Miss this year's International Convention? Catch up on everything that happened. Enjoy the best seat in the house with videos showcasing all the highlights of this year's international convention in Boston. https://www.youtube.com/playlist?list=PLjke7HcmOISQWIDvKH61tvfe5BA6UC_qM

Event Highlights



USEFUL WEBSITES/FACEBOOK

Lions International

Website: lionsclubs.org

Facebook: www.facebook.com/lionsclubs

Intl President Patti Hill

www.facebook.com/LionsPresident/

District 19 L

Website: www.district19L.org/

Facebook: www.facebook.com/profile.php?id=100094341687345&mibextid=LQQJ4d

Multiple District 19

Website: lionsmd19.org

www.facebook.com/groups/2366674192

Lions of Canada Fund for LCIF

Website: lionsofcanadafundforlcif.ca

Facebook: www.facebook.com/LCIFLions

BC Lions Society for Children with Disabilities

Website: lionsbc.ca

Facebook: www.facebook.com/EasterSealsBCV/

C.A.R.E. Project

lionsmd.org

Lions of BC Hearing Conservation Society

lionsofbchearingsociety.org

Leader Dogs for the Blind

leaderdog.org

Lions Foundation of Canada Dog Guides

dogguides.com

Diabetes Awareness

diabetes.ca

Northwest Lions Foundation - restoring sight, hearing and hope

Website: nlfoundation.org

Global Action Team (GAT)

Facebook: www.facebook.com/groups/2236757789943562

Lions Global Causes: www.lionsclubs.org/en/explore-our-clubs/our-global-causes

Leo Clubs

Website: Lionsclubs.org/leos

Facebook: www.facebook.com/leoclubs

SAYING GOODBYE TO IPDG MAY HO



The main fundraising project of her District Governor year was the rebuilding of a new head-quarter for the Lions Foundation of Dogguide! And raised \$218,000! In order to thank the donors and supporters, the Judge Brian Stevenson Fellowship Awards and Diamond Judge Brian Stevenson Awards are specially presented to them.

It is also a great honor to invite Past international director Teresa Mann as the award presenter! The winners are all overjoyed!



INTERNATIONAL, NATIONAL AND DISTRICT CALENDAR

2023

AUGUST

August 5 1st Cabinet Meeting on Zoom

SEPTEMBER

Sept 21- 23 Reno, NV USA/Canada Forum

Sept 30 2nd Cabinet Meeting in person on the Island

OCTOBER

Oct 12-14 MD 19 Fall Convention in Surrey

DECEMBER

December 1 Peace Poster/Essay Postmark deadline for a DG to send their one winning Peace Poster and/or Peace Essay to the multiple district council chairperson.

December 15 Postmark deadline for Multiple District Council Chairpersons to send their winning Peace Poster and/or Peace Essay to Brand & Creative at Lions Clubs International

2024

JANUARY

January Hunger Awareness Month

January Advanced Lions Leadership Institute (ALLI)

January 13 Melvin Jones Birthday

January 27 3rd Cabinet Meeting Mainland

FEBRUARY

February Childhood Cancer Awareness Month

MARCH

March Lions Day with the United Nations (New York City, NY, USA)

March 14 - 1 LCI Board Meeting

APRIL

April Environmental Awareness Month

Family & Friends Month

Leo Club Awareness Month

April 12 4th Cabinet Meeting

April 13 District L Convention Sheraton Airport in Richmond

MAY

May Strengthen Membership Month

May 16-19 MD19 Convention Silver Reef Casino near Bellingham

JUNE

June 2 LCIF Tell-A-Thon

June 6th 107th LCI Anniversary

Visitation Highlights

VANCOUVER DIAMOND LIONS CLUB INSTALLATION



\$25,000 DONATION TO RICHMOND HOSPITAL FOUNDATION



Greetings from your District L Newsletter Editor.
Please let me know if you find any errors or omissions.
Yours in Lionism
Evelyn Smith, D 19-I Newsletter Editor
Email: esmithmd19i@gmail.com

Visitation Highlights

VANCOUVER METROPOLITAN LIONS CLUB INSTALLATION



VANCOUVER CATHAY & VANCOUVER CHINATOWN LIONS INSTALLATION



Visitation Highlights

VANCOUVER IMPERIAL LIONS CHARTER NIGHT



VANCOUVER EAST LIONS INSTALLATION



SUNSHINE COAST LIONS INSTALLATION



NEW MEMBER INDUCTION



NOTICE OF DISTRICT L's 1ST CABINET MEETING

Dear Cabinet Members,

District 19L 1st cabinet meeting will be held by **ZOOM** on **August 5th** (Saturday), the link will be emailed to you.

- * If you are not available to attend, please let PDG Grace know in advance.
- * If you have a report to submit, please email to her by August 1st.
- * If you did not receive the agenda please let PDG Grace know.

19L Cabinet Secretary Grace Hwo, PDG

604-613-3838

Email: liongracehwo@gmail.com **District website:** district19L.org



INTERNATIONAL & NATIONAL NEWS



US/Canada Lions Leadership Forum Price Increase Goes Into Effect August 1

For more information about the Reno Forum, please visit their website.

It is loaded with information about the Forum, The Row venue, and the Reno area.

Have you registered for the USA/Canada Lions Leadership Forum in Reno, NV, September 21-23, 2023 yet?

<https://lionsforum.org/>

You can register online today using the link below.

<https://members.lionsforum.org/event-4888189>



Newsletter:
www.dogguides.com/wp-content/uploads/2023/07/Lions-News-July-2023-ENG.pdf

Adopt a "Career Changed" LFCDG Dog

Not all our dogs are meant to be working Dog Guides, and that's okay! Some dogs may not have the right personality, health or temperament for a life as a Dog Guide. Regardless, our Career Changed dogs make wonderful, loving pets and we have a few that are currently up for adoption.

Visit their website to view those that are up for adoption.

www.dogguides.com/



PEACE

LIONS INTERNATIONAL CONTEST



PEACE POSTER CONTEST 2003 - 2024

Theme: Dare to Dream

For contest rules and deadlines visit :
www.lionsclubs.org/en/start-our-approach/youth/peace-poster#contest .



Lions Quest
Canada
The Centre for Positive Youth Development

Join us on
Saturday
September
16, 2023!

The Lions Quest Board of Directors and District chairs will Step Up For Kids in support of Lions Quest programs across Canada. You can Step Up too! Would you like to participate? Sign up to Step Up with us in your own location!

Can't join us that day? Sponsor a participant!

Lions Quest Canada is a charitable organization that focuses on fostering social and emotional skills in youth, empowering them to make positive choices.

Learn more:

www.lionsquest.ca/pages/step-up-for-kids



LCICON 2024 Melbourne Australia:
<https://www.melbourne2024.org.au/>

Interested in Volunteering:
<https://www.melbourne2024.org.au/volunteers-and-supporters>



INTERNATIONAL & NATIONAL NEWS

MISSION 1.5

Challenge Accepted



We are on a mission to grow!! MISSION 1.5 is the drive to reach 1.5 Million members worldwide so we can better meet the needs of our communities and serve more people. For more information visit: <https://www.lionsclubs.org/en/resources-for-members/mission-to-grow>

This Year's Presidential Awards

Visit the website to view criteria: www.lionsclubs.org/en/resources-for-members/presidential-awards-initiatives

MISSION 1.5 Fast Start Charter Challenge

July 11, 2023 – September 30, 2023

Starting the year strong is critical to the success of your district. Here's your chance to stand out and be recognized for chartering new clubs in your district.

MISSION 1.5 Club Growth

October 1, 2023 – June 20, 2024

Make sure we're always ready to serve with MISSION 1.5! Here's your opportunity to be recognized for growing your clubs and chartering new ones.

Lion and Leo Collaboration

July 11, 2023 – May 31, 2024

Invest in the leaders of tomorrow by serving with them today. Here's your chance to be recognized for supporting the next generation of Lions.

Leo Club Pride

July 11, 2023 – June 20, 2024

Young people bring new ideas and new ways to create change in our communities. Here's your opportunity to be recognized for helping tomorrow's leaders start today.

District: Changing the World

July 11, 2023 – April 30, 2024

When we work together, excellence follows. Here is your opportunity to be recognized for the way your district is changing lives, communities and the world.

Zone: Changing the World

July 11, 2023 – April 30, 2024

Collaboration and teamwork make change happen faster. Here is your opportunity to be recognized for the way your district is changing lives, communities and the world.

Jesse Robinson Membership Growth Cup

July 11, 2023 – June 30, 2024

We honor our history by building a better future. Become forever memorialized for your exceptional contributions to strengthening our membership.



The Environment - Global Cause

The Earth sustains human life. That's why LCIF is dedicated to helping Lions take on large-scale projects that will create a sustainable and healthy future for generations to come.

From recycling programs to ensuring all areas have access to clean water, we're working hard to keep the earth in its best condition.

Learn about Environment Grants

www.lionsclubs.org/en/give-our-focus-areas/environment

Lions Go Green Video www.facebook.com/reel/1482031959233015

NEW MEMBER KITS

Message from PDG Robert Scales. - I received some new member kits but the certificates came with the name of the 2022//2023 IP rather than IP Dr. Patti Hill.



I emailed order@lionsclubs.org, quoting the waybill number, and they sent along the correct certificates.

Secretaries may want to check any kits they have received.

INTERNATIONAL & NATIONAL NEWS



#GCPeace INTERNATIONAL DAY OF PEACE PLANNING

Saturday, August 26th

10 am CDT / GMT-5

<https://bit.ly/PeaceDay23Planning>



Join us Saturday August 26. Our special GC Peace guest host will 3rd IVP Mark Lyon.

Please join us!

IVP Mike's Facebook page

www.facebook.com/mark.lyon.127

Certified Guiding Lion Program

The Certified Guiding Lion Certification Course started on July 24th. If you would like to be in the next session visit the link for more information.

www.lionsclubs.org/en/resources-for-members/resource-center/guiding-lion-program

The Guiding Lion Program is designed to assist clubs that are newly chartered, established or rebuilding. Guiding Lions are limited to serving no more than two new clubs at any point in time.

Guiding Lions assist a club to:

- ◇ Be successful in its first two years of operation
- ◇ Orient and train club officers and members
- ◇ Motivate and support club growth and development
- ◇ Locate resources available to assist the club

MD 19 NEWS



On July 11, 2023, MD19 reorganized under a redistricting plan that consolidated its 9 subdistricts into 5 subdistricts, which were renamed Districts L, I, O, N and S: Districts 19-A and 19-I were joined to form District 19-L, five zones from District 19-E joined District 19-D to form District 19-I, Districts 19-B and 19-H were joined to form District 19-O, Districts 19-C and 19-G were joined to form District 19-N, and five zones from District 19-E joined with District 19-F to form District 19-S.



District 19-L serves Lions and Leo clubs located in western British Columbia, Canada, and the northwest of the State of Washington, U.S.A.,

MD 19 NEWS

MULTIPLE DISTRICT NINETEEN  LIONS CLUBS INTERNATIONAL

August 12 - MEMORIAL GARDEN CLEAN-UP — Volunteers are needed to help clean up and maintain the MD19 Memorial Garden, clean-up events are scheduled every weekend throughout the summer and fall! Just show up at the MD19 office, 4141 Bennett Drive, Bellingham, Washington and join the clean-up fun and festivities starting at 8:30, a.m.



August 19 - MEMORIAL GARDEN REMEMBRANCE — Join fellow Lions, friends, and families of departed Lions for a Remembrance Service at the MD19 Memorial Garden, located at the MD19 office, Bellingham, Washington U.S.A. Contact Michelle or Peter at MD19 to make a donation to the Memorial Garden, and for information on donating or purchasing shrubbery, name-tags or memorials for to be placed in the Memorial Garden to remember our Lion friends.

August 26 - NEW CLUB OFFICERS TRAINING — The third, and final, 2023–2024 club officers training will be held 9:00 a.m. to 1:00 p.m. Saturday August 26, 2023, via ZOOM. All club officers, 1st timers to experts are encouraged to attend. Just click on the above date to register for the Saturday August 26, 2023 session. An informational flyer may be downloaded here Log in instructions will be sent to all participants shortly before the session.

<https://lionsmd19.org/downloads/club-officer-training-2023.pdf>



September 21 - USA/CANADA LIONS LEADERSHIP FORUM — The 2023 USA/Canada Lions Leadership Forum is scheduled for September 21 to 23, 2023, in the Biggest Little City In The World, Reno, Nevada, U.S.A. *Registration is open now.* Check *the Forum website* for information about travel and accommodations, events and exhibitors information.

<https://lionsforum.org/>

October 12 – 14 MD 19 2023 CONVENTION 2023 — Mark your calendar for Thursday, October 12 thru Saturday, October 14, 2023, for the 2023 MD19 Convention, live at the Sheraton Vancouver Guildford Hotel, 15269 104 Avenue, Surrey, British Columbia Canada.

**MD-19 and BEYOND
Lions Club Officer Learning
All Lions and Leos Welcome**



We Serve

**LIONS CLUB OFFICER
LEARNING FOR 2023-2024**

**Saturday, June 10, 2023
Thursday, July 27, 2023
Saturday, Aug 26, 2023**

Be prepared to enhance your personal leadership skills and work with your Lions team—in any environment whether virtual or face to face.

Join our experienced facilitators from MD19.

ALL LIONS and LEOs WELCOME

Where There's a Need, There's a Lion



<https://lionsmd19.org/downloads/club-officer-training-2023.pdf>

Gordon F. Smith Fellowship:

Lions Clubs are now able to purchase MD19 Lions-CARE

Fellowships for every \$500.00 (US Funds or Canadian Funds) donated during the Lions year. CARE, whom the Lions have chosen to partner with on international projects since 1958, is one of the world's leading humanitarian and philanthropic organizations working with the poorest of the poor. The Fellowships are in honor of PDG Gordon F. Smith, who served as the MD19 Executive Secretary-Treasurer for over 25 years and initiated the Lions-CARE partnership. Mr. Smith is the first recipient of the Fellowship, which was launched at the 2004 Lions Fall Forum in Richmond, BC.



The Fellowship is an additional way to support the Lions-CARE project chosen each year. Through CARE MD19 Lions have helped the local inhabitants build clean water systems for themselves, improve maternal health for women and children, and stop the sexual exploitation of children to name a few.



Fellowships can be awarded to a Lion, or to any individual you wish to honor. Fellowship recipients receive a beautiful pin (at right) and a certificate. Fellowship Awards can be presented at the club, zone or district levels. If your club would like to have a fellowship awarded, complete the Application Form and send to the MD19 Lions Office. If you would like more information, please contact the MD19 Lions Office by email at md19_lions@lionsmd19.com or call (360) 733-4911.

BANNER PATCHES

Any MD19 Lions Club contributing a minimum of \$5.00 per member during the Lions Year of July 1 - June 30 will receive a CARE banner patch. The first year the club reaches the minimum of \$5.00 per member, a starter patch with the word CARE on it will be sent along with a year rocker patch. After the first year, only the year patch will be sent.

MD 19 Recognitions and Awards

Club Presidents – Don't forget to give recognition to your Club Members. Here are a few of the Recognitions and Awards that you can present. Visit MD19 <https://lionsmd19.org/awards.php>

Achievement Speech
Club Business Card
Club Scrapbook/Website
Distinguished Service
Humours Story
Secretary/Treasurer of the Year
Zone Chairperson of the Year

Club Brochure/Bulletin
Club Efficiency/Inspirational/Membership
Convention Attendance
Environmental Photo
Lion/Leo of the Year
Zone Chair Newsletter
There are many more, visit the website.



MD19 Mission Statement

"To strengthen our local and global communities through service and fellowship fulfilling the Lions motto, "WE SERVE"

MD19 District Support Team Vision Statement

"Inspired Lions ready to lead and serve"

MD19 District Support Team Mission Statement



Website: <https://nlfoundation.org/>

A division of SightLife, the Northwest Lions Foundation (MD 19) provides sight and hearing-related assistance to individuals across the Pacific Northwest who could not otherwise afford their medical care on their own.

DISTRICT L NEWS

DISTRICT DIABETES FITNESS CHALLENGE!



It's that time of year to get the word out to your club to dig out their Fitbits, Odometers, Pedometers, or tune up their phone to an app that will log their steps per day.

Sign your club up to join the challenge. The winning club will have the honor of receiving the prestigious trophy for the most steps accumulated over the 30 week challenge. I'm also looking at an individual award for the single most steps done, so no need to worry if your club isn't interested.

So how do we do it you ask? You will need one person (a step coordinator) who will report weekly to me the steps from your club. I have an excel spreadsheet that I keep track of all clubs steps. First day to start walking will be **MONDAY, SEPT 4TH to SUNDAY SEPT 10TH** (each week will go Monday thru Sunday. The coordinator reports to me each Monday with the first steps reported on **MONDAY SEPTEMBER 11th**. This challenge goes for 30 weeks with the last report to me on Monday APRIL 8th. That will give me time to tally everything up so that the winner (s) can be announced at the District Governors Spring Conference on April 13th.

Contact me to get your club registered.



PDG Georgia Medwedrich,
MD 19-L Diabetes Chair
gdalmaine@gmail.com



IN LOVING MEMORY OF LIONS



— GONE BUT NOT FORGOTTEN —



**Malcolm McEwen May 18, 1946 to June 27, 2021
Squamish Lions Club.**

In memory of Malcolm McEwen who passed June 27, 2021. Malcolm made this train for the railway park.

The Lions members mostly, Garry Shortt refurbished it. May 13, 2023 the club celebrated with cutting the ribbon for the Malcolm Train. Malcolm was a much loved member who is missed.



DISTRICT L NEWS



What's in a name?

Real life stories are the best, aren't they? It puts into perspective why we give personal names to our dogs. They hold a lofty place in our lives. A matter of trust, recognition, equating to love and gratitude. Indeed they are our friends, our companions, our guardians, our partners.

Real life story #1: Louie the Pug! You got to wonder how he got his name. He's practically famous in this part of the woods. He has a look of one of the renowned mobsters of the "roaring twenties" wouldn't ya say. Throw in the added feature of those cheeks, a reminder of Louie Armstrong, and you have "Louie" named by his household, A & D Marskell. The sweetest 7 month old pug, ever.



Real life story #2: Juno the Boxer! The story goes that a family of 5, a mum, a dad and 3 rambunctious boys found themselves with a puppy. Thus, named Juno by the mum, who saw the writing on the wall with 3 boys, no girls. "Juno" proved to be a blessing in the household of J & R Smith, her golden disposition, a constant companion to all 5 but especially to the mum. Her surrogate daughter forever.

I have many more real-life stories, but for now "Hit Pawz" because I want to share more with you.

The Green Capes Lions Club came up with a great idea. How about naming a puppy starting its journey in training to become a Dog Guide. If your club has embarked on marketing for the first time, Dog Guide Puppy Calendars, and have purchased your first two boxes of calendars, you are eligible. How precious to be a part of raising a puppy, but that's not all. "Each pawsome calendar sold is double the impact for Lions across Canada." How it works? I'm here to help.

Make a commitment within your Clubs to support our new training school in Oakville, ON. Consider "The Difference" capital campaign in your budgets, keeping in mind that there are naming opportunities of recognition within the new facility for your Club, as a sponsor. Our campaign goal is \$25M towards a new training school and administration office. With your help we can put the first shovel in the ground. Our goal is to match 250 Dog Guides with people each year! Isn't that just awesome!



Empowerment – Mobility – Independence – Safety – Quality of life. This is The Difference.

District 19-L Lions Foundation of Canada Dog Guides- Chair (Vancouver Island)
carolmartin@telus.net 250-668-2297

Lions Foundation of Canada Website: www.dogguides.com/

Facebook Page: www.facebook.com/LFCDogGuides

Fellowships & Memberships

Fellowships and memberships are an excellent way to give recognition to a Lion who consistently provides excellent service to Lions and their community. These can be purchased from Lions Foundation of Canada Dog Guides directly, they are not given as a result of other donations

www.dogguides.com/lions-clubs-members/lions-club-ways-to-donate/memberships-fellowships/

Special Interest



Easter Seals BC/Yukon is a service of the BC Lions Society For Children With Disabilities.

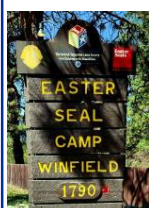
As a trusted charity since it began from the vision of the East Vancouver Lions Club, Easter Seals is dedicated to providing programs and services to persons with diverse abilities that help build their self-esteem, self-confidence and sense of independence.

The Society provides Summer Camps and operates an Easter Seal House in Vancouver.

Easter Seal Camps: All camps are fully booked. (www.eastersealsbcy.ca/summercamp/)

Squamish

Located one hour from downtown Vancouver, and 45 minutes from Whistler's high alpine, Squamish is where the ocean meets the mountains.



Winfield

Located 30 minutes north of Kelowna and 30 minutes south of Vernon.

Shawnigan

Located in the southern region of Vancouver Island, in the Cowichan Valley, right on the shores of Shawnigan Lake and only 35 minutes from Victoria.



Easter Seal House: 3981 Oak Street, Vancouver

Medical Travel & Respite Accommodation - Easter Seals House is a place to stay when traveling to Vancouver for medical treatment and appointments. Suites are also available for respite to parents and families needing a place to stay to relax and recharge.

<https://www.eastersealsbcy.ca/easter-seals-house/>

Fundraising Event (<https://easterseals.ca/en/events-dropzone/>)

To participate in Drop Zone, participants will need to register as an individual or as part of a personal or corporate team



on the Drop Zone website at www.thedropzone.ca. Select a city. Once you've registered, you will automatically be set-up with a personal fundraising page where you can easily make appeals to your contact, track the donations you've received and the amounts you've fundraised thus far, and also thank all your donors. It's easy as pie!



There are 5 drop zones in British Columbia:

- ◇ **Thursday, September 7th**, Vancouver will become a city of Superheroes Guinness Tower 1055 West Hastings Street Vancouver, BC CAN
- ◇ **Tuesday, September 12th**, Surrey will become a city of Superheroes Central City Office Tower 102 Avenue Surrey, BC CAN
- ◇ **Thursday, September 14th**, Burnaby will become a city of Superheroes Metrotower I at Metrotown 4700 Kingsway Burnaby, BC CAN
- ◇ **Tuesday, September 19th**, Victoria will become a city of Superheroes Manulife Building 1175 Douglas Street Victoria V8W 2E1 CAN
- ◇ **Tuesday, September 26th**, Kelowna will become a city of Superheroes Landmark District Landmark 7 at 1631 Dickson Avenue Kelowna, BC CAN

HAVE FUN AND DON'T FORGET TO SHARE PHOTO'S OF YOUR DROP!

Special Interest



District 19L Drop Zone Participating Clubs

Victoria Location September 19th: Esquimalt Lions, Nanaimo Hub City Lions, Ladysmith Club 49th Parallel Flyers, Victoria Chinatown Lioness Lions

Vancouver Location September 7th: Lions Clubs Superheroes

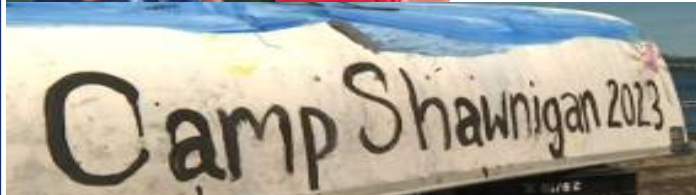
Register or donate at www.thedropzone.ca.

EDITORS NOTE: If you as an individual or a team are registered could you please send me your— 1) name and team 2) Individual team members 3) drop location



West Vancouver - Ambleside Tiddlycove Lions

ZC Mike Jenson and PZC Sharon Hansen visited Camp Shawnigan on July 20th. It was a magical day for the BC Lions Society, as they celebrated the announcement of a \$7 million grant. Premier Eby and Minister Mitzi Dean were on hand to make the announcement, along with his wife, Dr. Cailey Lynch who previously worked at all three of the Societies Camps. Lions, donors, volunteers, and campers were all there to celebrate the milestone. Premier Eby even got his hand painted to put his print on a huge rock!



Wounded Warriors Run BC

(<https://woundedwarriors.ca/events/wounded-warrior-bc-run/>)

Was a project of District 19I. They supported the annual Wounded Warriors Run of BC, which is held on Vancouver Island.

The Wounded Warrior Run BC was created to bring awareness and raise funds for Wounded Warriors Canada. A team of eight dedicated runners will run relay-style the length of Vancouver Island in just eight consecutive days, covering more than 600kms.

Held 2023 from Sunday, February 26th to Sunday, March 5th where the team runs the length of Vancouver Island from Port Hardy to Victoria stopping in communities, legions, fire halls and ambulance stations.

Special Woodstock

is a FREE event supported by many of the clubs in the former District I. Clubs will continue to support it.



It is a wonder full music festival that features the artistic talents of people with disabilities alongside professional musicians on a community/world stage. The date for this year's event will be held on Sunday, August 20, 2023. It is funded help from The Lions Clubs of Vancouver Island and the surrounding Islands.

Learn more about Special Woodstock

www.specialwoodstock.org/

www.facebook.com/groups/238046300752413

YouTube: [//youtu.be/Pc94YY4QyTk](https://youtu.be/Pc94YY4QyTk)

District 19 L Clubs by Zone

Zone L-A1

Zone Chair: **MICHAEL CHENG**

Vancouver East Lions Club
Cell: 604-889-2166
Email: michael@mikecheng.ca

Vancouver Arbutus Lions
Vancouver Cambie Lions
Vancouver Cambie Jr. Branch
Vancouver Cathay Lions
Vancouver Cathay New Century Lions
Vancouver Chinatown Lions
Vancouver Chinatown Leo
Vancouver Churchill Leo
Vancouver East Lions
Vancouver Legacy Lions
Vancouver Midas Lions
Vancouver Northern Star Lions
Vancouver Pacific Lions
Metro Vancouver Leo
Vancouver Pioneer Lions
Vancouver Pioneer Leo
Vancouver Shaughnessy Lions
Vancouver Templeton New Century Lions
Vancouver Templeton Leo

Zone L-A2

Zone Chair: **MIKE JENSON**

Ambleside Tiddlycove Lions Club
Cell: 604-848-5299
Email: mjenson605@gmail.com

Ambleside Tiddlycove
Lynn Valley Lions
Mount Seymour Lions
North Vancouver Deep Cove Lions
Pemberton Lions
Squamish Lions

Zone L-A4

Zone Chair: **KEN COPPING**

Prince Rupert Lions Club
Res: 250-624-8278 Cell: 250-624-1363
Email: spr@citywest.ca

Granisle Lions
Prince Rupert Lions
Skidegate Inlet Lions

Zone L-A6

Zone Chair: **BILL CONWAY**

Email: 5122wac@telus.net

Gibsons Lions
Sunshine Coast Lions

Zone L-A7

Zone Chair: **JACKIE LEE**

Vancouver Diamond Lions Club
Res: 604-773-3824 Cell: 604-773-3824
Email: jackielee.richmond@gmail.com

Vancouver Broadway Lions Club
Vancouver Burrard Lions Club

Vancouver Kitsilano Lions Club
Vancouver Kitsilano Leo
Vancouver West Leo
Vancouver Diamond Lions Club
Vancouver Diamond Campus Lions Club
Vancouver Fraser Lions Club
Vancouver Fraser Leo
Vancouver Granville Lions Club
Vancouver Marpole Grandview Lions Club
Vancouver Point Grey Lions Club
Vancouver Point Grey Leo
Vancouver Queen Elizabeth Lions Club
Vancouver South Lions Club
VSNH Leo

Zone L-A8

Zone Chair: **MICHAEL LOU**

Vancouver Metropolitan Lions Club
Cell: 604-726-2185
Email: lou.kc.michael@gmail.com

Vancouver Gateway Lions Club
Vancouver Imperial Lions Club
Vancouver Metropolitan Lions Club
Vancouver Sunshine Lions Club

Zone L-A9 Vacant

Burnaby Edmonds Lions Club
Burnaby Byrne Creek Leo
Burnaby Lougheed Lions Club
Burnaby North Leo
Vancouver Evergreen Lions Club
Vancouver Renfrew Lions Club
Vancouver Yaletown Lions Club

Zone L-I1

Zone Chair: **ELLIOT MANN**

Forks Lions Club
Res: 360-640-2994
Email: elliot.f.mann@gmail.com

Clallam Bay Sekiu Lions
Crescent Bay Lions
Forks Lions
Port Angeles Lions
Quilcene Lions
Sequim Valley Lions

Zone L-I2

Zone Chair: **GARY FOSTER**

Esquimalt Lions Club Bus:
Cell: 250-889-5644
Email: gdfoster065@gmail.com

Esquimalt Lions
Saanich Lions
Sooke Lions
Sooke District Lioness Lions
Sooke Harbourside Lions
Victoria Lions
Victoria Chinatown Lions
Victoria Chinatown Lioness Lions
West Shore Lions

Zone L-I3

Zone Chair: **JAMES SIKORA**

Salt Spring Island Lions Club
Res: 250-931-7322 Cell: 250-626-7372 G9
Email: james_sikora@hotmail.com

Central Saanich Lions
Galiano Island Lions
Mayne Island Lions
Pender Islands Lions
Salt Spring Island Lions
Saturna Lions
Sidney Lions

Zone L-I4

Zone Chair: **MARGARET WALL**

Duncan Lions Club
Cell: 250-715-5787
Email: margaretrwall@hotmail.com

Cedar Lions
Cowichan Lake Lions
Duncan Lions
Ladysmith Lions
Malahat Lions
Mill Bay Lions

Zone L-I5

Zone Chair: **LYNNE DAVIDSON**

Black Creek Lions Club
Phone: 250-702-6078
Email: franklyn4741@gmail.com

Baynes Sound Lions
Black Creek Lions
Comox Valley Lions
Comox Valley Monarch Lions
Gold River Lions
Qualicum Bay Lions
Tahsis Lions
Willow Point Lions

Zone L-I6 Vacant

Malcolm Island Lions
Port Alice Lions
Port Hardy Lions
Port McNeill Lions

Zone L-I7

Zone Chair: **BETSY BANFORD**

Gabriola Island Lions Club
Res: 250-247-9232 Cell: 250-714-4939
Email: gabelionbetsy@gmail.com

Alberni Valley Lions
Gabriola Island Lions
Nanaimo Lions
Nanaimo Hub City Lions
Nanose Bay Lions
Parksville Lions
Protection Island Lions