



DISTRICT GOVERNOR TERESA NG

DISTRICT 19 L NEWSLETTER

DECEMBER 2025 - EDITION 6



DIST L EXECUTIVE

DISTRICT GOVERNOR MESSAGE:



**DISTRICT GOVERNOR
TERESA NG**



**IMMED. PDG
KEVIN BORDE**



**1ST VDG
JOJO PAYMENT**



**2ND VDG
MICHAEL CHENG**



**CAB SECRETARY/TREASURER
PDG ELAINE LUK**

As we approach the end of 2025, we can take pride in all that we have accomplished together. While the year is coming to a close, our service to our communities continues. Let us always remember the less fortunate among us - especially during the Christmas season, a time when compassion, generosity, and kindness matter most. Donations of food, clothing, and other essentials can make a meaningful difference in many lives.

Please also remember that **January is the Month of Hunger**, from **January 3-11, 2026**. I encourage all clubs to continue supporting hunger relief initiatives. In addition, donations to **LCIF Empowering Funds** are crucial as we respond to disasters, including the recent fire in Hong Kong. Thanks to the generosity of our Lions, many clubs have already contributed, and together we have raised over **CAD \$50,000** - an outstanding achievement that truly reflects the strength of our district.

Over the past month, I have had the privilege of visiting **more than 50% of our clubs**. I sincerely appreciate all the warm welcomes and fellowship. A special thank you goes to our **Zone Chairs on the Island** for coordinating several club meetings together, which greatly reduced travel time between the mainland and the island. Your teamwork and leadership are truly appreciated. As Christmas is just around the corner, I wish each of you and your families a **wonderful Christmas** filled with joy, peace and love. May the **New Year** bring good health, happiness and continued opportunities to serve. Enjoy this special time with your families and friends.



SUPPORT FOR THE DEVASTATING FIRE IN HONG KONG

Our district is requesting donations immediately to help victims by the devastating fire in Hong Kong.

Lions can donate through LCIF Canada and receive a tax receipt.

Donation cheque make payable to LIONS OF CANADA FUND FOR LCIF

Designate the donation to the "Empowering Service Fund - Hong Kong Fire Disaster."

To receive a tax receipt, donations must be sent through LCIF Canada.

For assistance or more information, please contact:

PDG Shella Keung, District 19L LCIF Coordinator

Email: shellakeung@gmail.com

Thank you for your generosity and support.

!!!!IMPORTANT DATES!!!!

**Lions Foundation of Canada Dog Guides Gala
Dinner - Jan 22, 2026**

2nd Cabinet Meeting - January 24, 2026 Via zoom

LCIF Melvin Jones Gala - March 12, 2026

Spring Conference - Apr 10-11, 2026

District Leo Convention - Apr 12, 2026

ATTENTION:

*****PRESIDENTS*****

*****SECRETARIES*****

*****TREASURERS*****

**Please ensure all the emails are
correct in the Lions Portal**

**In Memory of Past District Governor
Bill Koski, a dedicated member of the
Ladysmith Lions Club.**

He recently celebrated his 85th birthday and received his 60-Year Charter Monarch Chevron in recognition of a lifetime of service. His legacy of leadership and dedication to Lionism will be fondly remembered.



Cabinet Members

GAT Coordinator: DG Teresa Ng

GLT Coordinator: PDG Kenneth Liu

GMT Coordinators:

Mainland - PDG Syrus Lee

Island: Betty Ann Herbert

GET Coordinator: PDG Hans Wong

GST Coordinator:

Mainland - Wanda Su

Island: PZC Margaret Wall

COMMITTEES:

BC Lions Society Chair: (Mainland)

2nd VDG Michael Cheng

(Island) PCC Al Beddows

CARE Chair: PZC Teresina Lau

Contest & Awards: PZC Kitty Lo

Constitution & Bylaws Chairperson: PCC Polly Voon

Convention Chairperson: PDG Rita Fok

Diabetes: PDG Georgia Medwedrich

District Administrator: PDG Grace Hwo

Newsletter Editor: ZC Alvina Seid

Environment: Kitty Chiu

Honorary: PID Ralph Long

Hunger: PZC Sherman Lo

LCIF Coordinator: PDG Shella Keung

Leo Liaison: PDG Grace Hwo

LFOC Dog Guide Co-Chairs: PDG Simon Yau

Lions Quest Chairs: (Mainland) Annie Fong

(Island) Betsy Banford

Marketing Community: PDG May Ho

Parliamentarian: PCC Polly Voon

Peace Poster Co-Chairs:

(Mainland) PZC Melissa Zhang

(Island) James Hoskins

Youth Exchange Co-Chairs

Stay Connected:

District L Website: www.district19L.org

District L: www.facebook.com/profile.php?id=100094341687345

District L Leo:

www.facebook.com/groups/628348719627416

Diabetes in District L

Wishing everyone a Merry Christmas and all the best in the New Year. I hope that my monthly newsletters are making their way to your computer, if not, contact me and I will add you to the distribution list.

Diabetes is one of the most common chronic diseases affecting people living in Canada. Around 3.9 million people in Canada over a year old live with **diagnosed** diabetes, that's 9.7% of the population. This number excludes gestational diabetes. Worldwide at the end of 2024 there were 589 million adults (20-79) living with diabetes, it is projected that by 2050 there will be a rise of 853 million adults living with diabetes. It's also projected that as of today there are 252 million people living with undiagnosed diabetes, it's time we got out in our communities to bring awareness to everyone so we can slow that down.

Step Challenge update.

To date there are a total of 287 participants from District L taking part in this challenge. As of December 7th the total number of steps for this group are: 128,245,065 steps. The participation fee of \$5.00 per person has been submitted by over half of the group, those that still need to submit can do so by cheque made out to Georgia Medwedrich and mailed to:

Georgia Medwedrich

or

E-Transfer

Step Challenge

MD19Stepchallenge@gmail.com

Box 876

Sooke BC

V9Z 1H8

PDG Georgia Medwedrich

District L Diabetes Chair

gdalmaine@gmail.com



MD19 Care Project



MD19 Lions 2019-2020 CARE Project

CARE is working in Honduras. Today programs are structured around empowering vulnerable groups, such as children, women, indigenous people and rural populations. MD19 is funding the **2-year School Gardens for Healthy Nutrition** pilot project, which will target 40 communities in five municipalities in southern Honduras. The focus of this project is to create garden learning spaces at schools to improve agriculture and nutritional food knowledge, promoting conservation and preservation of natural resources.

Earn Club Banner Patch
or
Give a Gordon F. Smith
CARE Fellowship



**CARE
Banner
Patch**

When every Member in a Club contributes \$5.00 or more (US or Canadian) Club is presented with CARE Banner Patch.



**MD19 Lions
Gordon F. Smith
CARE
Fellowship**

PDG Gordon F. Smith, MD19 Executive Secretary-Treasurer for over 25 years, supported the far-reaching Lions-CARE partnership.

Donate \$500.00 US or Canadian Funds in one year's time.

Present beautiful pin and certificate to a Lion or non-Lion. Call or email MD19 Lions Office today.



Paid Advertisement

Easter Seals



**Together, we're inspiring communities
to support and enable access for
persons with disabilities.**

**Thank you for your continued
support as volunteers and donors.**

Your efforts have helped families from across MD19:

- Stay at Easter Seals House when in Vancouver for specialized medical care.
- Attend Easter Seals **Camp Winfield** this summer.
- Receive bursaries at regional colleges for youth with disabilities.

Please help us secure a bright future. Join our Reimagine Campaign. Learn more at:

www.eastersealsbcy.ca



Easter Seals BC/Yukon
3981 Oak Street
Vancouver, BC V6H 4H5

Phone: 604.873.1865 or
1.800.818.4483
Email: info@eastersealsbcy.ca

**Easter Seals BC/Yukon is a service of the
BC Lions Society for Children with Disabilities**

Environment Awareness Tips

19-L ENVIRONMENTAL TIPS & TRICKS

November & December 2025



🍁 Sustainable Fall Living For Western BC & NW Washington

🌨 1. Prepare for Winter Storms Sustainably

- Clear gutters, storm drains, and rain-barrel filters to reduce flooding and polluted runoff.
- Direct downspouts toward permeable areas or rain gardens.
- Keep outdoor drains and sidewalks leaf-free using sweeping, not leaf blowers.
- Stock storm kits with rechargeable batteries, LED lanterns, and shelf-stable foods.

🔥 2. Cut Energy Use as Heating Season Begins

- Seal drafts with weatherstripping and add thermal curtains to reduce heat loss.
- Clean heat-pump and furnace filters to maintain efficiency.
- Use area rugs to help insulate older wood floors common throughout the region.
- Program thermostats for cooler nights and lower temperatures while away.

🌿 3. Eco-Friendly Yard & Garden Care

- Leave the leaves in garden beds to shelter overwintering bees, butterflies, and soil organisms.
- Avoid major pruning until late winter—shrubs provide essential habitat for insects and birds.
- Plant native evergreens and shrubs during the cool, wet months for strong root development.
- Wash cars at commercial carwashes to prevent runoff into salmon streams.

🦋 4. Protect Winter Wildlife

- Install bird-safe window decals to reduce collisions during migration and winter feeding.
- Maintain backyard feeders with weekly cleaning to prevent disease outbreaks.
- Keep cats indoors to protect vulnerable songbirds and small mammals.
- Stay on designated paths near streams—salmon are spawning through December.

🚗 5. Reduce Emissions in Winter Travel

- Switch to winter tires for safer, more efficient driving.
- Keep tire pressure at recommended levels—cold weather reduces psi.
- Remove unused roof racks to increase fuel efficiency.
- Combine errands, carpool, take transit, or ride a bike on dry days to minimize winter driving.

💡 6. Sustainable Holiday Season

- Use LED lights on timers to cut electricity use during long, dark evenings.
- Wrap with recycled paper, kraft paper, fabric bags, or reusable materials.
- Select a locally grown cut tree, a living potted tree, or recycle trees through local chipping programs.
- Make the most of leftovers, plan meals deliberately, and compost food scraps via regional programs.

🌊 7. Coastal Awareness: King Tides & Winter Waves

- December king tides are strong—avoid removing driftwood, which protects shorelines from erosion.
- Keep beaches clean during winter walks by packing out garbage and microplastics.

👥 8. Community Stewardship Opportunities

- Join local watershed cleanups (weather permitting).
- Support Indigenous- and community-led habitat restoration projects.
- Follow local conservation groups for volunteer events during dry breaks.

Hunger Tips



LEARN

- Invite a community health professional to visit your club and educate members on the prevalence and impact of hunger in your community.

ACT // BEGINNER

- Support your local food bank by donating time, equipment or food.
- Create a resource list of hunger-related volunteer opportunities in your region to share with other clubs in your district.
- Use social media to raise awareness about childhood hunger in your community and to inspire others to become involved.
- Host a healthy eating event at your school, community center or place of worship. Invite a nutritionist as a keynote speaker.
- Deliver nutritious, prepared meals to elderly, disabled or ill community members.
- Serve meals at a soup kitchen or homeless shelter.
- Donate to organizations that provide micro-nutrient powders to malnourished children.
- Bring a variety of fruits and vegetables to an elementary school class. Explain to the students where the food comes from and encourage them to taste different types of produce.

ACT // INTERMEDIATE

- Volunteer with a "gleaning group" to harvest unpicked fruits and vegetables at farms and orchards.
- Host a grocery store or market tour where a nutritionist gives participants tips on choosing healthy and nutritious groceries.
- Collaborate with a food bank to organize a community food drive, focusing on collecting items most needed in your area.
- Write a cookbook of inexpensive, healthy, easy-to-make recipes.
- Work with your local school to provide weekend take-home bags of nutritious snacks for children in need.
- Sponsor a cooking class for youth to learn basic cooking skills for healthy living.
- Create an online resource on planning and portioning meals to reduce household food waste.

ACT // ADVANCED

- Conduct an assessment of food access in your community. Advocate to local government leaders for additional or improved options in areas of need.
- Support pregnant women and new mothers by ensuring there are comfortable, safe and clean areas for them to nurse in the community.
- Use your professional networks to connect food banks to food industry leaders interested in food recovery.
- Develop a program to provide underserved students with food during holiday times when school is not in session.
- Establish a community or school vegetable garden for residents in a food-insecure neighborhood.
- Establish a weekly produce stand in a food desert.
- Create a volunteer transportation program to help individuals and families get to and from grocery stores, food banks and soup kitchens.
- Develop an animal husbandry program where a few families receive a small stock of animals. A portion of the animals' offspring will be given to neighboring families for sustainable growth of the program.



Lions Clubs International

GET 1B EN 8/17

**Weeks of Service
Hunger**

January 3-11, 2026

Plan a hunger service project with your club and turn compassion into action for families who need us most.

Upcoming Events

SAVE THE DATE: JANUARY 22, 2026

District 19L Lions Foundation of Canada Dog Guide Gala

On behalf of District 19L and the Lions Foundation of Canada Dog Guides Chairperson PDG Simon Yau, we are delighted to extend a warm invitation to you for our "Campaign The Difference" Fundraising Gala 2025–2026.

This special evening will be held on:

January 22, 2026

Continental Seafood Restaurant

Reception at 6:00 PM | Dinner to follow

Tickets are \$88 per person.

We are honoured to welcome **Bev Crandell, Chief Executive Officer of the Lions Foundation of Canada Dog Guides, as our keynote speaker.** Her inspiring leadership and dedication to empowering Canadians with disabilities will make this evening truly meaningful.

Your presence will not only make a difference, but it will also contribute directly to our mission of creating brighter futures through Dog Guides.

We hope you will join us for an elegant and heartfelt evening of connection, community, and purpose.

Thank you for your continued support and generosity.

Please **RSVP by January 10, 2026** or contact PDG Simon Yau at syau88@shaw.ca for tickets or additional information.

Please make a check payable to Lions District 19L or

e-transfer to District19LLions@gmail.com, make sure you mark down your name or club name.



District 19L Spring Conference

Thank you for your dedication and ongoing support. We look forward to welcoming you to this important celebration.

 **Let's Join
Our District 19L
Annual Conference
April 10-11, 2026
at
Executive Hotel Vancouver Airport
7311 Westminster Highway
Richmond, BC** 

April 10, 2026 (Friday)
Cabinet Meeting
Fun Disco Night

April 11, 2026 (Saturday)
Opening Session, Memorial Service,
Lunch, Contests,
Appreciation Banquet & Awards
with
PIP Brian Sheehan
as our Keynote Speaker

Convention Chairperson
Rita Fok, PDG
Email: ritapkfok@gmail.com

"SAVE THE DATES. MORE DETAILS TO COME"

LIONS CLUBS INTERNATIONAL

DISTRICT 19L CONFERENCE

April 10 - 11, 2026 at Executive Hotel Vancouver Airport
 7311 Westminster Hwy., Richmond, BC V6X 1A3 Tel: 604-278-5555

REGISTRATION FORM (Please Print) for Club and/or Individual

Club/Individual Name _____		District/Zone _____
Contact Name _____	E-Mail _____	Phone No' _____

***Event tickets will NOT be sold at conference.
Register early to avoid disappointment!**

	Congress Admission + Tax \$110 (includes parking) <i>(Includes tax for meals & drinks *not included)</i>	Golf Registration \$100	Live Auction Dinner Registration J 120	Foster Dinner Night \$20 (incl. drink)	Jubilee Luncheon L 120	Saturday Lunch • \$50	Sat/Sunday O/L Registration Banquet • \$80 <i>(all amounts must include service charges)</i>	Total
1.								
2.								
3.								
4.								
5.								
6.								
7.								
8.								
Total:								

Save
\$15! Package
\$200
If register before Jan 31, 2026

Please email completed form with Check Payable to **LIONS DISTRICT 19L**, and mail to:
 Catherine Seymour-Tremaine/Olivia Leeb, SO • 10508 Brimbledale Way, Richmond BC V6V 1G7
REMEMBER TO MARK DOWN NO YES District Convention AND YOUR CLUB NAME ON MICRO OR EMAIL-the completed form is LIONSDIST19L@HOTMAIL.COM and
 Mail it together to DISTRIC19NL@KINGSTONBC.CAN. BE MEMBERS TO MARK DOWN NO YES District Convention and
 YOUR CLUB NAME ON MESSAGE BOOK.

For more information, contact Conference Chairperson/PDS Rita Fels, r.felstheba@gmail.com
 Read guest rooms Single or double occupancy, standard room @ \$95+taxes night + taxes,
 suite cost @\$120+taxes night + taxes Complimentary parking and Wi-Fi included!
 The entire fee/incl food bar costs about the least \$• US \$100 • LIONSCLUBS.ORG/CN



2026 District 116, Conference
 April 10 - 11, 2026
 Executive Hotel Vancouver Airport
 7311 Westminster Hwy., Richmond, B.C. V6X 1A3



Souvenir Program Advertising Agreement

Advertiser Name: _____

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Full Colour Advertisements:

<input type="checkbox"/> Back Cover	\$ 650.00 (Sold)
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<input type="checkbox"/> Inside Back Cover	\$ 500.00 (Sold)
<input type="checkbox"/> Center Page	\$ 400.00 (x2) (Sold)
<input type="checkbox"/> Full Page	\$ 350.00
<input type="checkbox"/> Half Page	\$ 200.00

Phone Make Check Payable to **LIONS DISTRICT 116** and mail to:
 Cabinet Secretary/ Treasurer Elaine Luk
 280 - 12006 Riverside Way, Richmond BC V4W 1K5
**REMEMBER TO MARK DOWN *Re: 116 District Convention* and
 your CLUB NAME ON MEMO**

or
 Make E-transfer to **DISTRICT116LIONS@GMAIL.COM**
**REMEMBER TO MARK DOWN *Re: 116 District Convention* and
 your CLUB NAME ON MESSAGE BOX**

Amount: _____

Date Received: _____

Cheque #: _____

Mail artwork to Elaine Luk, PDG at lionselwuk@gmail.com

Advertising Agreement Deadline:
Advertising Copy Deadline:

**March 01, 2026
March 15, 2026**

Northwest Lions Leadership forum

Northwest Lions Leadership Application Package



Northwest Lions Leadership Institute Application Packet



Due Date: 1 May 2026

Welcome to the application process for the 2026 Northwest Lions Leadership Institute. Congratulations on taking the first step in expanding and honing your leadership skills! The time you spend at the Institute will not only serve you well in Lions, but professionally and personally as well.

Institute Details

When: 4 – 7 June 2026

Where: Chilliwack, BC

Cost: \$350 US or \$375 CAN (a deposit is required to be submitted with the application).

This covers:

- Three nights lodging at Coast Chilliwack Hotel by APA included at no additional charge.
- Dinner on Thursday, 4 June; Breakfast, lunch, and dinner, 5 & 6 June; Breakfast on 7 June.
- All training materials.

Applicants from Clubs in MD19 can apply for a special fee waiver, which can reduce the cost of the Institute by \$200. The application process includes several steps which **all** must be complete and submitted by 1 May 2026:

1. Application data
2. Candidate's Lions history, community service, and goals for attending the Institute
3. Lions Reference Contact Information
4. Deposit \$150 US or \$175 Canadian
5. Fee reduction request **available for Lion members of Multiple District 19 only**

Complete your application:

- *Application form, which includes application data, the candidate's Lions history, fee reduction request and contact information for your Lions personal reference must be received by 1 May 2026.*

* You can sign this form electronically. Simply click on the signature field and follow the prompts to create a new digital ID (if you have not already created one). Once you have completed the form, save it to your computer and send it as an attachment to the Institute Registrar. **Once you have submitted your application, it cannot be updated and re-submitted.**

The application and deposit need to be sent to the Institute Registrar. Upon receipt of all items, you will be notified of your acceptance into the Institute with instructions for deposit. All questions regarding the application process should be sent to the Institute Registrar, Shannon Croitor, phone 604-997-0553, e-mail registrar@nwlii.org or smartypants5955@gmail.com.

DISTRICT 19L Leo Clubs

Omega Leo Club

This track is for young adults between 18 and 30 years old, Omega Leo Clubs are designed to help young adults grow personally and professionally.

19L-A1 Metro Vancouver Leo Club

Sponsored by Vancouver Pacific Lions Club

Alpha Leo club

This track is designated for youth between 12 and 18 years old, and focuses on the individual and social development of teens and preteens.

L-A1 South vancouver Leo Club

Sponsored by Vancouver Pacific Lions Club

L-A1 Vancouver Cathay Leo Club

Sponsored by Vancouver Cathay New Century Lions Club

L-A1 Vancouver East Leo Club

Sponsored by Vancouver East lions club

L-A1 Vancouver Pioneer Leo Club

Sponsored by Vancouver Pioneer Lions Club

L-A1 Vancouver Churchill Leo Club

Sponsored by Vancouver Chinatown Lions Club

L-A1 Vancouver Templeton Leo Club

Sponsored by Vancouver Templeton New Century Lions Club

L-A7 Vancouver Kitsilano Leo Club

Sponsored by Vancouver Burrard Lions Club

L-A7 Vancouver Fraser Leo Club

Sponsored by Vancouver Fraser Lions Club

L-A7 Eric Hamber Leo Club

Sponsored by Vancouver Diamond Lions Club

L-A8 Vancouver Sunshine Leo Club

Sponsored by Vancouver Sunshine Lions Club

L-A9 Burnaby Byrne Creek Leo Club

Sponsored by Burnaby Lougheed Lions Club



Vancouver Cathay Leos Holiday Party

Cathay Leos had their holiday party to celebrate fellowship over lunch & games with their club members, Lions parents, ZC Alvina & family. Collection of blankets were also donated today at the SPCA. This will give warmth to animals over the winter season.



Club Events and Activities

Mainland

Vancouver Granville Lions Club Visitation

Vancouver Granville Lions Visitation also present 30 year Charter Monarch Chevron to PDG Dickie Lam



Right: Presenting 30 year Charter Chevron to PDG Dickie Lam



Vancouver Point Grey Lions Anniversary & Fundraising Dinner

The Vancouver Point Grey Lions Club hosted a heartfelt anniversary & fundraising dinner, bringing together Lions, community partners and distinguished guests. We were honoured to welcome International Director Mark Mansell and PDG Debbie Mansell, with ID Mark delivering an inspiring message as the evening's guest speaker. In a remarkable show of generosity, the club raised \$10,000 to support relief efforts for the Hong Kong Fire Disaster that occurred on November 26. I was delighted to induct three new members, each eager to begin their journey of service. Under the strong leadership of President Anthony and PZC Vivian the event showcased the unity, compassion, and purpose that define our Lions Community - living our motto each that day "We Serve".

Below: Point Grey Cake Cutting



ID Mark Mansel & PDG Debbie Mansel



Above: \$10K donation to Hong Kong Fire Disaster



Vancouver Pacific Lions Club

Grateful to our amazing Lions who came together today to support Covenant House and help provide essential items for youth-in-need. It's especially meaningful that we made a donation run on the same day as last year—wonderful reminder that kindness continues year after year. Thank you to everyone who donated and joined us today. Together, we're making a difference, one act of service at a time.



Vancouver Cambie Lions Club

What a wonderful evening celebrating the holidays with the Vancouver Cambie Lions Club!

Their Christmas Potluck & Karaoke Fundraiser - supported by friends from the B.C. Cultural Diversity Association - helped raise an incredible \$6,700 in support of the Burnaby Hospital Redevelopment Project!



Vancouver East Seniors Christmas Lunch



Vancouver Pacific Lions Christmas Party



Vancouver Shaughnessy Lions Donations:



Right: Donation of \$5000 to LFCDG.
Cheque present to Dog Guide Chair
PDG Simon and DG Teresa



Above: Donation of \$7000 for the Hong Kong fire disaster. The cheque was presented to LCIF chair PDG Stella

Vancouver Diamond Lions Donations:

Below: The Vancouver Diamond Lions Club Presenting a donation cheque in the amount of \$16,105 to LCIF for Hong Kong Taipo Fire Disaster victims. A heartfelt thank you to the Vancouver Diamond Lions.



Club Events and Activities

Island

Visitation to 7 clubs: Victiona Chinatown Lions, Victoria Chinatown Lioness Lions, Victoria Lions, Sannich Lions, Esquimalt Lions, West Shore Lions, Central saanich.

My visitation on the Island. There were 7 clubs attending: Victoria Chinatown Lions, Victoria Chinatown Lioness Lion, Victoria Lions, Saanich Lions, Esquimalt Lions, West Shore Lions & Central Saanich. Induct 2 new members for Saanich Lions Club. It's really a great turn out, with close to 70 Lions members in attendance. I also presented Charter Monarch Chevrons & Monarch Chevrons for over 25 Lions. I was happy to see 1st Vice District Governor Joanne Payment, I3 ZC John and his wife Margaret; accompanied by my Cabinet Secretary/ Treasurer PDG Elaine. Big thanks to my I2 ZC/PDG Georgia. She did a tremendous job of getting all 7 clubs to attend.



Visitation to Deep Cove Lions Club

Visitation to Deep Cove Lions Club. Nice to see they will have 2 new young members going to Join, also present some Monarch Chevron to their members.



Nanoose Bay Lions Club

On Tuesday, December 2, 2025, Nanoose Bay Lions Club President Bea Kolodziej and Club Treasurer Paul Kolodziej attended the 'Giving Tuesday' event held by the Nanaimo & District Health Foundation. Bea and Paul presented a \$5000.00 donation to Tina Moreira, Manager Corporate & Community Engagement, Nanaimo & District Hospital Foundation. The donation is in support of the Parksville Treatment Centre Project.



Duncan Lions Club

Duncan lions donated \$12,000.00 for the local food banks. We have been donating to the food bank for many years and this year we upped our donation. This is a much needed donation and we challenge all clubs to support food banks in their area



West Shore Lions Club

It's been a busy month for the West Shore Lions. Our Treasurer presented a cheque to the Goldstream Foodbank for \$2500 for their Christmas Hampers.



Above: DG Dinner Visit



Above: Pancake Breakfast



Above: Paul's 40 year pin

Nanaimo Lions Club Christmas Party



Above: Past President Dave & Phil wins the chocolate

Below: Donation of \$1000 to Nanaimo Fiddle Society



Left: Nanaimo Lions Club Christmas Party

Gabriola Island Lions Club

The Gabriola Lions Club have been busy fund raising in December. This year over \$11,000 was raised by collecting donations in the Ferry line up. These funds will be used to purchase food gift cards from Nesters Food Market on Gabriola for the Christmas hampers

A Pancake breakfast held on December 7 to benefit the Gabriola Elementary School Grade 7 year end field trip, netted Net = \$532.00. Everyone was happy and well fed.

Well done Gabriola Lions!



Sooke District Lioness Lions Club

The Sooke District Lioness Lions had a fantastic end of November and month of December! We inducted four new members (with another being inducted in January), participated in the Sooke Lions Santa Parade, wrapped up our calendar sales, enjoyed a night of fun and fabulous food at the Sooke Lions Christmas Dinner and were thrilled to present cheques to the Sooke food Bank and Sooke Christmas Bureau! We look forward to a productive and successful 2026!



Sooke Harbourside Lions Club

Sooke Harbourside Lions got into the spirit of giving early this year, starting with participating in the Festival of Trees, a fundraiser for BC Children's Hospital. Our members decorated our tree and met with a local family whose daughter is a frequent patient at BC Children's Hospital. Seeing this young child's bravery gave us even more energy and initiative for this important fundraiser. The next day we worked with our local recreation centre to host a Santa's Gift Shop for children to buy low cost gently used or new gifts for their friends and family. As all gifts were donated, the proceeds were also donated to BC Children's Hospital. This is an event our members look forward to every year. December started with the Night of Lights fundraiser for our club which involves two wonderful things, shopping and more shopping! Our members then got busy baking Christmas cookies for the Sooke Meals on Wheels, to deliver to their clients closer to Christmas time. We helped at a new event this year, a sensory sensitive Breakfast with Santa. Our members helped children on the spectrum and their families enjoy a quiet, low-key breakfast with Santa. Our friends the Sooke Lions cooked up their delicious pancakes and Santa worked his magic with these special kids. We hope this will become an annual tradition. Despite the rain at the Sooke Santa Parade, spirits were bright as our members walked in the parade. We sang Christmas carols, and handed out candy to the young and young at heart. Our members also cooked hot dogs, made popcorn and hot chocolate to hand out for free to parade attendees. We celebrated festive fun at our club Christmas party with a delicious dinner, a gift exchange and playing Christmas music bingo. Some of our members also attended the three club Christmas dinner hosted by the Sooke Lions which was a great way to finish club festivities before Christmas.



Sunshine Coast Lions

Sunshine Coast Lions Club hosts the 30th annual Polar Bear Swim in Sechelt on Jan. 1, 2026 with registration at 11am and the plunge into the Salish Sea at the downtown pier at noon. We will be collecting non-perishable food items from participants and spectators for the Food Bank.

\$3,040 was donated to the Food Bank and \$1,000. to Secret Santa and \$500. to White Cane

We made \$3,334. From a Claytons Shopping Spree raffle and \$2,030 from the sale of 44 Christmas trees from property owned by two of our members



Mayne Island Lions Club

December is always a busy time for our Lions on Mayne Island.

It started on Dec 6th with the two Santa Ships visiting neighboring Lyle Harbour on Saturna Island to be welcomed by approximately 30 enthusiastic children to greet Santa. On Dec 7th the Santa ships arrived at Miners Bay where 60 Mayne Island children helped Santa on board the Fire Truck and then pulled him to the Agricultural Hall where he handed out gifts. Wednesday the 10th was our annual Single Seniors Christmas Dinner. A full Turkey dinner was served to 70 of our seniors. Local children sang Christmas carols and a good time was enjoyed by all. Saturday Dec 13th the Santa Ships left early for the 2 hour sail to Ganges Harbour on Saltspring, where Santa was greeted by the local Lions Club and close to 80 of the local children. The holiday festivities ended on Saturday evening with M.I. Lions hosting the annual Christmas Bingo, a popular event with great prizes donated by Island citizens and businesses.



UPCOMING EVENTS

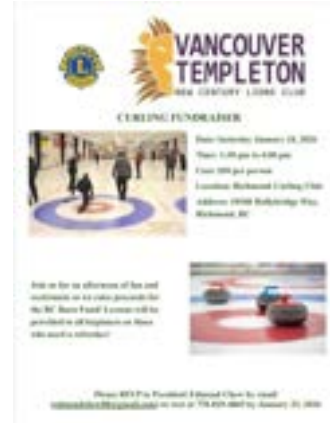
Mainland & Island



City of Vancouver Tree Chipping
Saturday Jan 10 & 11, 2026
10am-4pm

- King George Secondary School
- Kitsilano Beach
- Kerrisdale Ice Arena
- Trout Lake Community Center

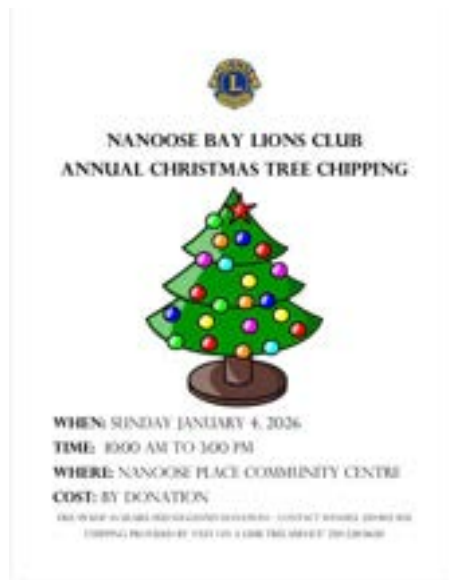
Vancouver Templeton NC Lions - Curling Fundraiser
Saturday, Jan 24, 2026



Vancouver Templeton NC Lions - Poker Showdown
Saturday Feb 7, 2026



Victoria Chinatown Lioness Club -Chinese New Year Gala - Feb 28, 2026



Nanoose Bay Lions Club - Christmas Tree Chipping - Jan 4, 2026

CLUBS BY ZONE

19L-A1 ZC Alvina Seid

Vancouver Arbutus Lions Club
Vancouver Cambie Lions Club
Vancouver Cathay Lions Club
Vancouver Cathay New Century Lions Club
Vancouver Chinatown Lions Club
Vancouver East Lions Club
Vancouver Legacy Lions Club
Vancouver Midas Lions Club
Vancouver Northern Star Lions Club
Vancouver Pacific Lions Club
Vancouver Pioneer Lions Club
Vancouver Shaughnessy Lions Club
Vancouver Templeton New Century Lions Club

19L-A2 ZC Vancant

Ambleside Tiddlycove Lions Club
Lynn Valley Lions Club
Mount Seymour Lions Club
North Vancouver Deep Cove Lions Club
Pemberton Lions Club
Squamish Lions Club

19L-A4 ZC Vacant

Granisle Lions Club
fPrince Rupert Lions club
Skidegate Inlet Lions Club

19L-A6 ZC Bill Conway (PZC)

Gibsons Lions Club
Sunshine Coast Lions Club

19L-A7 ZC Jackie Lee (PZC)

Vancouver Broadway Lions Club
Vancouver Burrard Lions Club
Vancouver Diamond Lions Club
Vancouver Fraser Lions Club
Vancouver Granville Lions Club
Vancouver Marpole Lions Club
Vancouver Point Grey Lions Club
Vancouver Queen Elizabeth Lions Club
Vancouver South Lions Club

19L-A8 ZC Anita Ip

Vancouver Gateway Lions Club
Vancouver Imperial Lions Club
Vancouver Metropolitan Lions Club
Vancouver Regency Lions Club
Vancouver Sunshine Lions Club

19L-A9 ZC Sherman Lo (PZC)

Burnaby Host Lions Club
Burnaby Loughheed Lions Club
Vancouver Milestone Lions Club
Vancouver Renfrew Lions Club
Vancouver Yaletown Lions Club

19L-I1 ZC David Blakeslee

Challah Bay Sekiu Lions Club
Crescent Bay Lions Club
Forks Lions Club
Port Angeles Lions Club
Quilcene Lions Club
Sequinn Valley Lions Club

19L-I2 ZC Georgia Medwerich (PDG)

Esquimalt Lions Club
Saanich Lions Club
Sooke Lions Club
Sooke District Lioness Lions Club
Sooke Harbourside Lions Club
Victoria Lions Club
Victoria Chinatown Lions Club
Victoria Chinatown Lioness Lions Club
West Shore Lions Club

19L-I3 ZC John Rumsby

Central Saanich Lions Club
Galiano Lions Club
Mayne Island Lions Club
Pender Island Lions Club
Salt Spring Island Lions Club
Saturna Lions Club
Sidney Lions Club

19L-I4 ZC Shelly Gegory

Cedar Lions Club
Cowichan Lake Lions Club
Duncan Lions Club
Ladysmith Lions Club
Malahat Lions Club
Mill Bay Lions Club

19L-I5 ZC Maureen Bezanson

Baynes Sound Lions Club
Black Creek Lions Club
Comox Valley Lions Club
Gold River Lions Club
Qualicum Bay Lions Club
Tahsis Lions Club
Willow Point Lions Club

19L-I6 ZC Betty Anne Herbert

Malcolm Island Lions Club
Port Alice Lions Club
Port Hardy Lions Club
Port McNeill Lions Club

19L-I7-ZC Leslie Smith (PDG)

Alberni Valley Lions Club
Gabriola Island Lions Club
Nanaimo Lions Club
Nanaimo Hub City Lions Club
Nanoose Bay Lions Club
Parrksville Lions Club
Protection Island Lions Club