

District 19L

# NEWSLETTER DISTRICT GOVERNOR ELAINE LUK

December 2023 ISSUE



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## DISTRICT GOVERNOR'S MESSAGE

First let me wish you all a Merry Christmas and Happy New Year.

This is the time of year for sharing, giving and receiving. But let us not lose sight of the fact that hundreds of families are in need of Lions help this time of year. Open your hearts, your homes, and your clubs.

Our motto is "To Serve". This is what Lions do best. It's not too late to get together members from your club and other clubs and serve the needs of your community.

It takes very little effort to make a difference in someone's life. Collect toys for needy children, food hampers for needy families, care packages for battered women and clothing for the homeless.

The rewards will come back to you in many ways. The biggest reward is the feeling inside that you cared enough to give. This is the true spirit of Christmas and being a Lion.

Serving your community is one of the greatest gifts you can give.

Let all Lions become Santa this month.

Elaine Luk  
District 19L District Governor 2023-2024

## DISTRICT L EXECUTIVE



DG Elaine Luk



IPDG  
May Ho



IPDG  
Lia Versaevel



Cab Secretary  
PDG Grace Hwo



Cab Treasurer  
PZC Teresa Ng



1st VDG  
Kevin Borde

## PEACE POSTER CONTEST

The winning peace poster from our district by Eliana Rancourt of the Pacific Christian School sponsored by Victoria Lions Club.



## DISTRICT L Cabinet Members

### CABINET CHAIRPERSONS

GAT Coordinator: DG Elaine Luk  
 GLT Coordinators: PDG Rita Fok  
 PCC Al Beddows  
 GMT Coordinators: PDG Kenneth Liu  
 PZC Betty Anne Herbert  
 GET Coordinators: PZC Sherman Lo  
 GST Coordinators: PCS Clara Chow  
 PDG Georgia Medwidrich

### COMMITTEES UNDER GST

Vision:  
 Diabetes: PDG Georgia Medwidrich  
 Hunger:  
 Childhood Cancer:  
 Environment: PZC Pollyanna Lui  
 BC Lions Society Chairpersons:  
 (Mainland) PZC Sharon Hansen  
 (Island) PDG Rob Dalton  
 CARE Chairperson: PZC Jocelyn Wan  
 Convention Chairperson: PCC  
 Polly Voon  
 Constitution & Bylaws Chairperson:  
 PCC Polly Voon  
 Contests & Awards: PZC Kitty Lo  
 Cultural & Com Activities Chairperson:  
 PDG Peter Cheng  
 District Administrator PZC Sherman Lo  
 District Marketing Chairperson:  
 IPDG May Ho  
 District Newsletter Chairperson:  
 Evelyn Smith  
 LCIF Coordinators: PDG Shella Keung  
 PDG Lorne Bunyan  
 Leo Liaison Chairperson:  
 PDG Grace Hwo  
 LFC Dog Guide Co-chairs:  
 PDG Simon Yau  
 Carol Martin  
 Lions Quest Chairpersons:  
 PZC Vivian Lo  
 Betsy Banford  
 Parliamentarian: PCC Polly Voon  
 Peace Poster Co-Chairs:  
 Amy Tam  
 James Hoskins  
 Youth Exchange Co-chairs  
 PZC George Sim  
 IPDG Lia Versaavel

# DG VISITATION SCHEDULE

## Schedule Confirmed 2023:

December 6 th	Sooke Harbourside Lions Club(L-I2)
December 11th	Victoria Chinatown Lioness Lion Club (L-I2)
December 13th	Victoria Chinatown Lions Club (L-I2)
December 13th	Saanich Lions Club (L-I2)
December 13th	Victoria Lions Club (L-I2)
December 17th	West Shore Lions Club (L-I2)
December 28th	Vancouver Northern Star Lions Club (L-A1)

## Schedule Confirmed 2024:

January 11th	Vancouver Cathay Lions Club (L-A1)
January 19 th	Van Arbutus Lions Club (L-A1)
January 22nd	Gabriola Island Lions Club (L-I7)
January 25th	Nanose Bay Lions Club (L-I7)
February 12th	Cowichan Lake Lions Club (L-I4)
February 12th	Ladysmith Lions Club (L-I4)
February 13th	Sooke District Lioness Lions Club (L-I2)
February 14th	North Vancouver Deep Cove Lions Club (L-A2)
February 15th	Malahat Lions Club (L-I4)
February 20th	Duncan Lions Club (L-I4)
February 22nd	Mill Bay Lions Club (L-I4)
March 5th	Sidney Lions Club (L-I3)
March 6th	Pemberton Lions Club (L-A2) (Joint ZC & DG visits)
March 7th	Squamish Lions Club (L-A2) (Joint ZC & DG visits)
March 11th	Cedar Lions Club (L-I4)
March 25th	Saturna Island Lions Club(L-I3)
April 25th	Sooke Lions Club (L-I2)



Congratulations to PZC Cathy Specht, Comox Valley Monarch Lions Club who is so gracious to take up the 19L-I5 Zone Chairperson position for the rest of the term. BRAVO!!



**VANGOUVER POINT GREY LIONS CLUB**  
 Fundraising Dinner 2023 - Red Christmas  
 Friday December 15, 2023  
 Reception: 6:00pm Dinner: 7:00pm  
 Pink Pearl Chinese Restaurant  
 1188 E. Hastings Street, Vancouver  
 Ticket: \$88, Table for 10 \$800, Leo \$80  
 Dress Code: Red, Green & White  
 Best Dressing Contest: A prize will be given to the winner.  
 Beneficiary - Partial Profits Go to:  
 LCI FOUNDATION  
 Canadian Liver Foundation  
 Canadian Cancer Society  
 Friday, December 15, 2023  
 No.036

# 2023 - 2024 LCI LEADERSHIP



## Advanced Lions Leadership Institute (ALLI) - Vancouver, Canada on January 12-14, 2024

This is the **final offering** of the Advanced Lions Leadership Institute (ALLI) in CA1 and CA2. **The deadline to apply has passed.**

[www.lionsclubs.org/en/resources-for-members/resource-center/leadership-development-institutes](http://www.lionsclubs.org/en/resources-for-members/resource-center/leadership-development-institutes)

**Polly Voon PCC GAT CA1 Area  
Leader 2022-23**



## **ALLI - What's next?**

Effective **July 1, 2024**, the ALLI will no longer be offered and will be replaced with the new **Second Vice District Governor Training Program**. Learn more about the new program in the **Vice District Training Program Updates FAQ**

[https://cdn2.webdamdb.com/md\\_o4YUmenxCI63AAG5.jpg.pdf?v=1](https://cdn2.webdamdb.com/md_o4YUmenxCI63AAG5.jpg.pdf?v=1)

## **Remembrance/ Memorial Day**



ADVANCED LIONS  
LEADERSHIP INSTITUTE  
**ALLI**

# LEST WE FORGET



# INSTALLATION & VISITATION HIGHLIGHTS

## SUNSHINE COAST AND GIBSONS LIONS



## VANCOUVER GRANVILLE LIONS



## VANCOUVER POINT GREY LIONS



## ESQUIMALT LIONS



Share your story: Watch this video from International President Patti Hill

[www.youtube.com/watch?v=p0M2CKCPNL8](http://www.youtube.com/watch?v=p0M2CKCPNL8)

*season's greetings*

# INSTALLATION & VISITATION HIGHLIGHTS

## VANCOUVER GATEWAY LIONS



Official Visitation from our 19L District Governor and A8 Zone Chair at our Club Meeting sharing invaluable experiences, providing district updates and guiding support!



## AMBLESIDE TIDLYCOVE LIONS



## ENVIRONMENT GRANTS / SERVICE AREAS

Get your club involved in one of these environment service areas and see how your service will help achieve the UN Sustainable Development Goals.

**TREE PLANTING AND TREE CARE** - Improve your community through the planting of locally appropriate tree seedlings or saplings, contributing to cleaner air and a healthier environment.

**ENVIRONMENTAL CLEANUP AND RESTORATION** - Protect nature and habitats by cleaning debris and shielding pollutants from harming ecosystems, marine life, and the community.

**RECYCLING AND WASTE MANAGEMENT** - Conserve resources and reduce waste to minimize adverse impacts on sustainability.

**ENVIRONMENTAL AWARENESS, EDUCATION, AND ADVOCACY** - Raise awareness of the importance of protecting the environment, educate your community members, and create positive change.

**CLEAN WATER & SANITATION** - Ensure safe water and adequate sanitation for all, promoting better health outcomes around the world.

Visit LCI for Service and Grant information  
[www.lionsclubs.org/en/start-our-global-causes/environment](http://www.lionsclubs.org/en/start-our-global-causes/environment)



# INSTALLATION & VISITATION HIGHLIGHTS

## VANCOUVER ARBUTUS LIONS

2023-2024 New Board Officers Installation Ceremony



# INSTALLATION & VISITATION HIGHLIGHTS

## VANCOUVER LEGACY LIONS



District 19L DG Elaine Luk and District 19L-A1 Zone Chair Michael Cheng came for an official visit. We celebrated the birthdays of stars in October and November.

This club is chartered by my Zone Senior Advisor, PZC Pollyanna Liu, who is the soul and spirit of this young, energetic and forward thinking group. Happy 10th Birthday, Vancouver Legacy Lions Club!



# DISTRICT L C.A.R.E.



**Send Donations from Canadian Clubs to:**  
MD19 Lions, PO Box 1621, Aldergrove, BC, V4W 2V1

## MD19 LIONS AND CARE



MD19 Lions began its affiliation with CARE in 1951, by supporting CARE's relief efforts through Lions Clubs International. During the fifties Lions Clubs International operated humanitarian projects in developing countries similar to CARE's projects. MD19 Lions determined that CARE, with its ability to leverage additional funds, was able to provide services at one-third the cost of the Lions' projects.

MD19 Lions entered into an agreement with the Northwest CARE office in 1958 to provide direct support of CARE projects chosen by the group. For several years this relationship was unique among Lions Clubs, and attracted attention because of its success.

The MD19 Lions Council of Governors, at its annual meeting, selects a CARE project to be supported by MD19 Lions for the following year. Over the years MD19 Lions have been strong supporters of education, health care, agriculture and water systems, with a special focus on Latin American countries.

D19L has a total donation of \$1,900 from July to Oct: Thanks for the following Lions Clubs: **Amberside Tiddylcove, Prince Rupert, Sooke District Lioness, Sooke Harbourside, West Shore.** Please continue to support this meaningful project; with every act of kindness, we change the life of Honduras' families.

Lion Jocelyn Wan, IPZC  
19L CARE Chairperson



## Membership Key Awards

Victoria Lion President Jim presented the Builder Key Award to PVDG Michael Stanford. Congratulations Lion Michael

Membership Key awards - Sponsoring new members is an accomplishment worth celebrating! That's why Lions Clubs International recognizes individual Lions who sponsor new members. • Each of the 17 Membership Key Awards reflect the number of new members a Lion has sponsored. • Recognition begins once a Lion has sponsored two members. • Awards are automatically issued after the new members have remained Lions for a year and one day.

Share the tradition and encourage members in your district to invite their family, friends and coworkers to join Lions and help strengthen our organization.



[www.lionsclubs.org/en/resources-for-members/resource-center/membership-key-awards](http://www.lionsclubs.org/en/resources-for-members/resource-center/membership-key-awards)





**Lion Bob Rowledge  
Nanaimo Lions**

Nanaimo Lions lost a valued member of our club this week. Bob Rowledge who has been a Lion's member since 1955.

This message was sent by the Administrative Assistant to the Mayor and Council:

*The Mayor sent a lovely note to the senior leadership staff at the City to let them know of Mr. Rowledge's passing. Many had dealings with him over the years and have spoken very kindly of him. In memory and respect of his long service with the City and a Freeman, the Mayor has requested we lower the City of Nanaimo flag at City Hall to half-mast until his service. Can you please advise the family that we honour and respect this amazing man and we thank him for his years of service to us.*



# INTERNATIONAL, NATIONAL AND DISTRICT CALENDAR

## DECEMBER

**December 1** Peace Poster/Essay deadline for a DG to send their winning piece to the multiple district council chairperson.

**December 5** International Leo Day

**December 15** Postmark deadline for Multiple District Council Chairpersons to send their winning Peace Poster and/or Peace Essay to Brand & Creative at Lions Clubs International

## 2024

## JANUARY

**January Hunger Awareness Month**

**January Advanced Lions Leadership Institute (ALLI)**

**January 13** Melvin Jones Birthday

**January 27** 3rd Cabinet Meeting Mainland

## FEBRUARY

February Childhood Cancer Awareness Month

**February 01** - LCIF grant application deadline for consideration in May 2024 by the LCIF Board of Trustees for Childhood Cancer, Diabetes, Hunger, Matching and Lions Quest grants.

**February 6th** Dist Annual Judge Brian Stevenson Fellows gala

**February 07-08** - MISSION 1.5 Worldwide Reporting Day

**February 15** International Childhood Cancer Day

**February 27-29** FVDG/DGE Seminar (Days 1-3) •St. Charles, IL (USA) - FVDGs/DGEs gather for three days of in-person classroom

## MARCH

**March 1** Lions Day with the United Nations (New York City, NY, USA)

**March 13** Dist Annual MJF/PMJF Appreciation Gala, Richmond IPDG Brian Sheehan keynote speaker

**March 14** 1 LCI Board Meeting

## APRIL

**April Environmental Awareness Month**

**Family & Friends Month**

**Leo Club Awareness Month**

**April 12** 4th Cabinet Meeting

**April 13** District L Convention Sheraton Airport in Richmond

**April 27** Worldwide Induction Day (WWID) membership celebration to unite clubs around the world in welcoming new members.

## MAY

May Strengthen Membership Month

**May 16-19** MD19 Convention Silver Reef Casino near Bellingham

**May 08-10** LCIF Board of Trustees meeting •Oak Brook, IL (USA)

## JUNE

**June 2** LCIF Tell-A-Thon

**June 03-04** MISSION 1.5 Worldwide Reporting Day

**June 6th** 107th LCI Anniversary

**June 21** - FVDG/DGE Seminar (Day 4) •Melbourne, Australia DGEs June

**June 21-25** 106th Lions Clubs International Convention •Melbourne, Australia

## VANCOUVER DIAMOND KARAOKE HIGHLIGHTS



Congratulations to the Vancouver Diamond Lions Club for raising \$23,605 for the BC Children Hospital with their karaoke singing. This donation will be used for children's food sensitivity treatment projects! Thank you for your kindness.



Vancouver Metropolitan Lions Club

*Celebrate Christmas* Saturday Brunch!  
Prizes & Games!



Name \_\_\_\_\_

Tel \_\_\_\_\_

No. of person \_\_\_\_\_

**Adults \$80 each**  
**Children 4 to 12 years old \$40**  
**3 years old & under is free**

**\*Gift exchange one per person\***

Date: Dec 16, 2023 (Saturday)      Please contact  
Time: 11:00am to 2:30pm      Lion Lucy Quinn at 604-889-8219  
Venue: Quilchena Golf & Country Club      or Lion Pinky Wong at 604-724-5995  
3551 Granville Ave., Richmond, BC

**3rd Cabinet Meeting on  
January 27, 2024 will take place  
at Canadian Flower Winery -  
16060 Westminster Hwy.,  
Richmond. Starting time is  
1:30pm**



# DISTRICT L NEWS/EVENTS

## DISTRICT 19L MELVIN JONES FELLOWS APPRECIATION GALA 2024

March 13rd, 2024 (Wednesday)  
Continental Seafood Restaurant  
Ticket: \$80.00



LCIF District Co-Chairperson  
PDG Shella Keung  
PDG Lorne Bunyan

LCIF Chairperson :  
IPIP Brian Sheehan  
Key-note Speaker

For tickets information, please contact:

PDG Shella Keung  
604-803-6698

Shellakeung@gmail.com

**Brian E. Sheehan**, from Bird Island, Minnesota, USA, was elected to serve as international president of Lions Clubs International at the association's 104th International Convention, June 22 through June 28, 2022.



As of July 11, 2023, he is serving as Chairperson for Lions Clubs International Foundation (LCIF) through June 25, 2024.

Past International President Sheehan is the founder and CEO of Rural Computer Consultants, a software development company.

A member of the Bird Island Lions Club since 1991, he has held many offices within the association, including council chairperson, long range planning chairperson, membership chairperson, retention chairperson, women's initiative chairperson, MD convention chairperson, GMT Liaison and GLT area leader. He has also served as the chairperson of the Headquarter Operation & Finance Committee, Lions University coordinator, DGE group leader, and board appointee to several committees including Constitutions and Bylaws, LCIF Executive, LCI Executive, USA/Canada Lions Leadership Forum and the

Centennial Action committees.

He has been a presenter at numerous Lions events, including many of the Global Forums. In recognition of his service to the association, he has received numerous awards including Club Lion of the Year; the District 5M 4 Diabetes Awareness Award; the MD 5M Web Site Appreciation Award; the MD 5M Al Jensen Leadership Award; the Founders Membership Growth Award; numerous International President's Certificates of Appreciation; International President's Leadership Award; multiple International President's Awards; and the Ambassador of Good Will Award, the highest honor the association bestows upon its members.

He is also a Progressive Melvin Jones Fellow and Second Century Ambassador. In addition to his Lions activities, Past International President Sheehan is active in numerous professional and community organizations. He has served as president of Bird Island Civic and Commerce, director of the Learning Funhouse and as a member of various school committees. He also received the 2011 U.S. SBA Minnesota Small Business Person of the Year Award. Past International President Sheehan and his wife, Lori, also a Lion and Progressive Melvin Jones Fellow, have two sons and two daughters. And in their spare time, they have enjoyed raising many types of exotic animals.

### Melvin Jones Fellowship

Contributions for the MJF can be made by individuals (including non-Lions), clubs or districts. Donations may be in one sum or in installments. Melvin Jones Fellows receive a special lapel pin, a plaque and a congratulatory letter.

### Progressive Melvin Jones Fellowships

The Progressive Melvin Jones Fellowship (PMJF) program is a way for donors to extend their commitment to LCIF. There are 54 recognition levels beyond the initial US\$1,000 MJF contribution with a unique pin for each giving level. After contributing US\$100,000, donors become Humanitarian Partners.

# DISTRICT L NEWS/EVENTS

**Judge Brian Stevenson**, of Calgary, Alberta, Canada, was elected to serve as President of The International Association of Lions Clubs following his election at the association's 70th International Convention, held in Taipei, Taiwan, Republic of China, July 1-4, 1987.

He served in private law practice and as a special prosecutor in the Canadian Department of Justice. In 1974, he was appointed for life as a Judge to the Provincial Court of Alberta.

A Lion since 1966, he has held numerous offices. These include terms as district governor, a member of the association's board of directors from 1977-79 and as a presidential appointee to the international board from 1979-81 and again from 1998-1999. He also served a three-year term as the chairman of Campaign SightFirst, one of the largest and most successful fundraising campaigns in the history of the association.

In recognition of his many contributions, he has received numerous awards including the 100% District Governor Award, the Membership Advancement Key, 18 International President's Awards and the Ambassador of Good Will Award, the highest honor granted by the association to its members. He is also a Progressive Melvin Jones Fellow.

In addition to his work as a Lion, Past President Stevenson has served as president of the Calgary Social Planning Council, as a board member of the Calgary United Way and as a member of the City of Calgary Social Services Committee.

He has also served as president of the Alberta Provincial Judges Association and as chairman of the International Year of Disabled Persons Committee for the Province of Alberta. In 1996, the City of Calgary recognized his numerous voluntary contributions by awarding him the Grant MacEwan Lifetime Achievement Award of Merit.

Past President Stevenson is a member of numerous professional organizations and has authored a number of articles on legal matters. He and his wife, Patricia, have four daughters, eight granddaughters and two grandsons.



**DISTRICT 19L LFC DOGGUIDES  
FUNDRAISING GALA 2023 - 2024**

**Date :**  
**February 5th, 2024 (Monday)**

**Place :**  
**Pink Pearl Restaurant**

**Ticket: \$80.00**

**Keynote Speaker :**  
**PIP Judge Brian Stevenson**

**LIONS INTERNATIONAL**

**CHANGING THE WORLD**

**LIONS FOUNDATION OF CANADA**  
**DOGGUIDES**

**LFC Dogguides District Co-Chairperson**  
**PDG Simon Yau**  
**Lion Carol Martin**

A photograph of a golden retriever dog with its tongue out, looking happy.

## Judge Brian Stevenson Fellowship

Judge Brian Stevenson Fellowship is to recognize Lions and other deserving recipients, PIP Judge Brian Stevenson has endorsed this fellowship. The recipient receives a medallion, lapel pin and signed certificate.

## Progressive Judge Brian Stevenson Fellowship

This fellowship is a way to further honour someone who has received a Judge Brian Stevenson Fellowship. It is one of the greatest honours that can be bestowed within Lionism in Canada. The recipient receives a gold bar pin to be worn on the white ribbon of the Judge Brian Stevenson medallion as well as a lapel pin with ruby and a personalized certificate.

# DISTRICT L NEWS



## 2023/2024 Pet Valu Walk for Dog Guides goal \$1.6 million

Every year clubs across Canada host Dog Walks in their communities. Typically but it isn't carved in stone, the last Sunday in May is blessed with sunshine and lots of smiles from dogs, families and friends. You know that great feeling. It makes you beam from ear-to-ear and so it does for "Ralphy, Lola, Bart, Benjie, Rumsby and Rosie."

Setting up a Dog Walk in your community is as easy as finding the place, a park, a venue which works best for all. Should be relatively easy to navigate for strollers, and walkers old and young, with enough room for our furry friends to romp on leash.



If this is an annual event, you likely have a tried and true group of volunteers to help out at the table registration on the day of, giving out goody bags, and such.

Register at [www.walkfordogguides.com](http://www.walkfordogguides.com). Share on social media, and with your club and community. You'll be sent a box with items, pamphlets, and walk donation forms. The whole event is FREE and sponsored by Pet Valu. Adding in some additional bling with gift donations from your local pet stores is a terrific option. Be sure to thank them for their support.

Be sure to wear your Lions vest. There could be someone out there itching to know more about becoming a Lion, the service we engage in, and the global reach of our organization. Hand out your Lions Club brochures, and be sure to be ready to answer questions.

2022/2023 Pet Valu Walk for Dog Guides raised \$1.2 million! We thank everyone from the bottom of our hearts. Let's get in gear and reach that goal this year at \$1.6 million. Already as I create this newsletter submission, donations are being made, streaming across the site.

"Lions Foundation of Canada Dog Guides is a national charity that was created by the Lions of Canada. Its mission is to empower Canadians with disabilities to navigate their world with confidence and independence by providing a Dog Guide at no cost and supporting them in their journey together."

Need help? I'd be thrilled to work with you and your club.



Respectfully submitted,  
Lion Carol Martin  
Co-Chair, Lions Foundation of Canada Dog Guides, District L  
(Vancouver Island)  
250-668-2297      [carolmartin@telus.net](mailto:carolmartin@telus.net)



### Special Olympics and Lions Clubs International Foundation → Mission: Inclusion

<https://www.lionsclubs.org/en/resources-for-members/resource-center/special-olympics-partnership>

See how LCIF and Lions, Leos, and Special Olympics athletes from around the world connect to fill communities with inspiration, impact, and kindness.

# THE NORTHERN ROAR

*Editors Note: Communities in the northern regions do not have the opportunity to put on large fundraising events or activities, but their work is just as important as more urban centres. "The Northern Roar" focusses on clubs in more northern rural communities in Zone 19L-A4 and Zone 19L-A6*

by Ken Copping MD 19 L A-4 Zone Chair



**Prince Rupert Lions** have been very busy:

- Even ghouls want to be seen at night! Reflective armbands and zipper pulls were distributed at North Pacific Cannery on Saturday during their Halloween event, Terror at the Cannery.

- Lions Serve Community, North Coast Transition Society Receive Truck Load of service Prince Rupert Lions. Just as the weather turns wintery, the Prince Rupert Lions Club show up with over \$10,000 worth of winter wear for those



who are in need. This is the 3rd year our Lions Club has teamed up with the PR Aboriginal Community Services Society, they supply the grant, and we supply the legwork.

- Pancakes are fun and warm the tummies, Prince Rupert Lions serve breakfast for middle school students.

- support funding for Youth Basketball program.
- Blue Knuckle Derby - Tickets are now available

for our annual derby. Remember, some people like to fish, others buy tickets for the great prizes. All proceeds support our community.



The Prince Rupert Lions Club presents the 31st Annual  
**BLUE KNUCKLE DERBY** \$25  
In Honour of Marc (Dezi) w and Jeff Carlson  
WEDNESDAY DECEMBER 27, 2023 \$1,000 CASH DOOR PRIZE!  
Daylight 'til Dark, any Tidal Waters  
PROCEEDS TO SUPPORT LOCAL CHARITIES  
Weigh in Dec. 27 at the Caniseco Parking Lot from 3:00 to 6:00 pm  
Prizes awarded on Facebook Live PR Lions Facebook Page - 7:30 pm  
Largest Salmon (Head On/Gills Out) - Entrance Fee: \$25.00 per ticket  
One Ticket Per Fish - Chimook Regulations Apply  
0147

## Skidegate Inlet Lions Club

The Skidegate Inlet Lions Club is holding their annual Breakfast With Santa on December 17 in the Skidegate Community (small) Hall. We hold this event as a fund raiser. We also have a raffle that will be drawn at the breakfast.

The lions have been active in our communities for over 50 years. We have helped with building a community hall, playground and helping community members with accessibility needs and disaster recovery. One of our newer projects is of a more ongoing need.

We all know how expensive it can be when we have to travel for medical and it can be even more difficult due to an emergency. The Skidegate Inlet Lions has for this reason established our Emergency Medical Travel Assistance Fund. The fund has been in place for many years, and we have helped a lot of people in our communities. It takes money to keep the fund going and as a such we hold our raffles.

**Breakfast with Santa**  
Sunday December 17, 2023  
Skidegate Community (Small) Hall



**Greetings from your District L Newsletter Editor.**

Please let me know if you find any errors or omissions.  
If you have something to contribute, please email it to me.

Yours in Lionism

Evelyn Smith, District 19-L Newsletter Editor

Email: [esmithmd19i@gmail.com](mailto:esmithmd19i@gmail.com)

# THE NORTHERN ROAR continued

## Sunshine Coast Lions

PSST...Christmas is Coming

Time to trim the tree, cook the bird, and show goodwill towards your fellow man. So much to do, so little time, and wow – have prices ever gone up. Don't panic - members of the Sunshine Coast Lions Club have some ideas to help with it all.

From November 27th until December 15th, our yellow shirts will be at the entrance to Clayton's. We will be there Mondays, Wednesdays, Thursdays, and Fridays, selling raffle tickets for Clayton's gift cards. Cost is \$2.00 each or 3 for \$5.00 and you might be the lucky winner of a \$750, \$500 or \$250 gift card. Draw will take place on December 16th.

We are also selling fresh cut Christmas Trees - \$50.00 per tree. Join us on December 2nd, 3rd, 9th, or 10th..... you pick the tree and one of our volunteers will cut it for you and help load it onto your vehicle. It is First Come First Served.

And finally, join us at the Lighthouse Pub and/or Buccaneers on December 16th for a special Meat Draw. Tickets are 2 for \$5.00 and there will be 12 draws for one of six turkeys or one of six hams. All proceeds from these events are used locally to support those with needs within your community.

We recently donated funds to purchase a new steamer for the Sunshine Coast Healthcare Auxiliary Loan Cupboard. The Loan Cupboard is part of the continuum of healthcare in our community and the steamer is a vital tool to ensure equipment is clean and ready to go to clients. Our volunteers appreciate the generosity and community spirit of the Lions Club."

*Pictured Left to right: Linda Stroud - Lions Club Secretary, Wendy Hunt - volunteer, Peter Jordt - volunteer, Tony Stroud - Lions Club member, Sherry Masters Loan Cupboard Co-Chair, Bill Conway - Lions Club Zone Chair, Deb Young - Loan Cupboard Co-Chair"*



## Granisle Lions Club

Granisle Lions Club has the newest member in MD 19 L A-4 Zone Chair Ken Copping took in three day road trip to Granisle Lions club to install New Lion Brian Longpre really a nice way to start a Lions Year. Lions Roaring in the North are far apart visitation can take as long as a week or more and it can encompass land sea and air travel to accomplish a single club visit. Thankful to have an RV did you know that Granisle Lions Club has an RV Park and camp ground.



The Granisle Lion's Club and the Granisle Volunteer Fire Department co-sponsored this wonderful evening, the park looks beautiful all lit up, the BBQ was amazing, and the bonfire and caroling were just the best! Merry Christmas 2023!!





**President**  
Leo Erica Zhang  
Vancouver Fraser  
Leo Club



## 19L Leo District 2023-2024

**Secretary**  
To be confirmed

**Treasurer**  
Leo LEO Pi  
Vancouver Fraser Leo



**Vice President**  
Leo Selina Luo  
Vancouver Point Grey  
Leo Club



It is such an inspirational day for me as 19L Leo Chairperson this term seeing that Leos from 19L are so willing to learn and attend 2.5 hours Leo Club Officers Training and members orientation on November 26th. Four Leo Clubs participated: Metro Vancouver Leo Club, Vancouver Templeton Leo Club, Vancouver Fraser Leo Club and the newly chartered Eric Hamber Leo Club and their Leo Advisors. Thanks to the trainers: DG Elaine and PP Edmond and kudos to our GLT Coordinator PDG Rita Fok came and supported us. Thanks to Vancouver East Lions providing venue for the Leos and big thanks to PP Alec Wong for the set up and coffee supply. I felt so encouraged when some Leos came to me and told me that they liked to meet other Leos from other clubs and have interaction with them. Yes, now we have Leo District properly formed and the Leo District Council will be met shortly. Leo Convention will be planned for 2024 and I am confident that the Leo Movement in 19L will be back to the right track again. I am so proud of you fellow Leos!! Stay tuned..

Yours in Lionism,  
Lion Grace Hwo, PDG

LIONS INTERNATIONAL  
PRESENT

**INTERNATIONAL  
LEO DAY  
CELEBRATION**

DEC 5 ZOOM WEBINAR 11 AM  
985 8486 7759 CENTRAL TIME

Scan for Registration

Hosted by

Leo-Lion Board Liaisons Leo Advisory Panel Chairs

AKSHIT BAGLA ALICIA KIRI NICHELE SMITH MUHAMMAD ARSLAN



# INTERNATIONAL GLOBAL CAUSE - DIABETES

## DISTRICT L - MAINLAND DIABETES 10K STEPS A DAY WALK



DG Elaine, 1st VDG Kevin Borde,  
IPDG May Ho

There was a big turnout on our District 19L Lions Day - Diabetes Awareness "Walk 10K Steps A Day" event. More than 200 Lions and non-Lions participate in our walking challenge, informative work shops on Diabetes by Dr. Peter Ling. Different booths promoting our five Global Cause - Diabetes, Vision, Hunger, Environment and Childhood Cancer. Kudos to our District 19L Global Service Coordinator PCS Clara Chow and all the volunteers to make this event so success. Congratulations to Vancouver Pacific Lions Club for the 2nd Place award for the most steps.



## Report on District 19L's Lions Day : Diabetes Awareness "Walk 10K Steps A Day"

In Canada, there are more than 11.7 million people living with Diabetes or Prediabetes undiagnosed, 5.7 million diagnosed. Diabetes complications can lead to many health problems such as cardiovascular disease, renal disease, strokes, kidney failure, blindness or reducing lifespan by 5-15 years and so on.

November is the Month of Diabetes Awareness. Lions District 19L organized an Event called **Lions Day : Diabetes Awareness "Walk 10K Steps A Day"** on November 12, 2023 in the Aberdeen Centre which is the largest shopping mall in the City of Richmond. The District aimed at raising the diabetes awareness and prevention, advocating healthy living and diet, as well as cultivating people's habit of daily walking. The Event invited the Lions Clubs and the public to join a pleasant walk together on a Sunday morning.

Participating Lions Clubs and individuals donated CAD\$50 and CAD\$5 respectively. All proceeds were donated to Diabetes Canada to fund critical research to bring patients closer to a cure and to offer support services and education resources to help people with diabetes live better. On the Event Day, there was an Award system with prizes for the Most Steps Achieved by the top 3 individuals and Lions Clubs to encourage more participation.

The District 19L received on stage greetings from the Representatives of the local city, provincial and federal levels at the Opening Ceremony. Over 200 participants joined the Start of the Walk led by the District 19L District Governor Elaine Luk, other Lions dignitaries and the government officials. Representatives from the media also attended and reported on the Event on the TV daily news, local newspaper and radio stations.

Two scheduled Workshops on Diabetes hosted by a renowned family doctor also took place on the stage. Audience was very enthusiastic in the Q&A section and have found the information very useful. Free blood glucose and blood pressure were offered to the participants and the public by a clinic nearby during the Event day.

Furthermore, in order to create more fun and attraction, Lions and Leos were invited to perform on stage and followed by a Prize Presentation to the walk winners and a lucky draw towards the end of the Event. The audience was amazed by the talents of these Lions and the chance to win the grand prizes.

Despite the focus is on the subject of Diabetes, yet the District has also promoted the newly named **Lions District 19L** (after the merger of 2 districts) and the five **Global Causes** through the Event. There were exhibition booths on DIABETES, VISION (to collect used eyeglasses), HUNGER (to collect non-perishable food for Food Bank), ENVIRONMENT and CHILDHOOD CANCER with distribution of promotional materials and video showing the community services of Lions. These are all under the mandate of District GST.

As the Event Chair, I am very grateful to all the Lions Clubs, fellow Lions and Leos for their active participation and strong support to this Event. Without their tremendous support, it would not made possible! Thank you!

Yours in Lionism,

Clara Chow, PCS/PZC

District 19L Global Service Team Coordinator (Mainland) 2023-2024

Event Chair, Lions Day : District 19L Diabetes Awareness "Walk 10K Steps A Day"



Top 3 Individual Winners are 1st Grace Li, 2nd Douglas Dang and 3rd Peggy Dang  
Top 3 Lions Clubs are 1st Vancouver Pioneer Lions Club (pictured left), 2nd Vancouver Pacific Lions Club and 3rd Vancouver Diamond Lions Club

## MD19 L LEO HIGHLIGHTS



**DIABETES  
CANADA**



The Harry A. Newman Diabetes Award is named after Mr. Harry A. Newman, the first Canadian President of Lions Club International in 1924.

### Harry A. Newman Diabetes Award

The award is bestowed to a Lion, Lioness, or Leo member (or Club), who has shown outstanding commitment to the Lions and the work led by Diabetes Canada.

Each recipient of the Harry A. Newman Diabetes Award will receive an engraved glass award from Diabetes Canada.

Each sponsoring club will receive a letter of appreciation from Diabetes Canada for donations and participation for the award.

#### Who is eligible?

1. Those who issue a donation of \$800 (Cdn) to Diabetes Canada (in a lump sum) are designated for the Harry A. Newman Diabetes Award.
2. The award can be awarded to a Lion, Lioness, or Leo member (or Club) in good standing in Canada.

Please note:

- Remainder of proceeds will go to support diabetes research in Canada or D-Camps.
- Those awarded this distinction may receive additional awards in any given year.
- Awards will be processed upon receipt of contribution.

**Email Diabetes Canada for more information: [volunteer@diabetes.ca](mailto:volunteer@diabetes.ca)**

**MULTIPLE DISTRICT NINETEEN**



**LIONS CLUBS INTERNATIONAL**

### 2024 INTERNATIONAL BOARD MEETING HELP WANTED

For those of you who have been following along in the Border Crossing, MD19 will be Hosting the Spring 2024 International Board Meeting in Vancouver BC. The dates for this event are March 14-20, 2024.



The actual meeting is March 16-19 but as a host committee we have obligations from the 14-20th. We need help from Lions to meet arriving Board Members at Vancouver International Airport, we will know who is arriving and when. Once they are all in Vancouver, we won't need help at the Airport.

We will need to provide Lions at the Host Desk inside the hotel each day of the board meetings. If anyone wishes to assist with any of these opportunities, please contact me via email.

Our biggest ask though is support for a Host night where we can meet and greet the Executive Officers, International Directors, Spouses and staff. We have no budget provided for this; this is something we need to figure out ourselves.

We have asked each District to assist with \$500 which will be helpful but will not cover our anticipated costs. We are asking each Lions Club and Lions in MD19 to assist us with a contribution of \$25 dollars or more. These funds can be sent to MD19 Lions Office with the Host Night Contribution on the memo line. Lions in the USA can send the check to the MD19 Office in Bellingham, Canadian Lions can send the check to the MD19 Box 1621, Aldergrove BC V4W 2V1. **PID Allan Hunt Host Committee Chairperson**

# INTERNATIONAL NEWS

## LCICON 106th International Convention - 2024 Melbourne Australia: June 21 - 24, 2024

Interested in Volunteering:  
[www.melbourne2024.org.au/volunteers-and-supporters](http://www.melbourne2024.org.au/volunteers-and-supporters)

Registration information  
[www.melbourne2024.org.au/](http://www.melbourne2024.org.au/)



## USA Canada Leadership Forum 2024

The 2024 USA Canada Forum will be held in Louisville Kentucky September 5 - 7 2024



**Friends of the Forum** group is an excellent way for individuals to actively contribute to the success and continuity of the Lions Leadership Forum. With just a small donation, members not only ensure that the forum continues its legacy of imparting invaluable leadership skills and insights but also play a role in enhancing its quality and reach. As a token of gratitude for this generous support, donors receive special recognition at the event, giving them a sense of belonging and showcasing their commitment to the community. By becoming a part of the Friends of the Forum, individuals can take pride in knowing that they are championing a cause that nurtures leaders and drives positive change in the broader community.

Visit this link to find out more: <https://lionsforum.org/friends/>  
Website: <https://lionsforum.org/>  
Facebook: [www.facebook.com/usacanadalionsleadershipforum](http://www.facebook.com/usacanadalionsleadershipforum)



REGISTER AT [LIONSFORUM.ORG](http://LIONSFORUM.ORG)



## USEFUL WEBSITES/FACEBOOK

### Lions International

Website: [lionsclubs.org](http://lionsclubs.org)

Facebook: [www.facebook.com/lionsclubs](http://www.facebook.com/lionsclubs)

### Intl President Patti Hill

[www.facebook.com/LionsPresident/](http://www.facebook.com/LionsPresident/)

### District 19 L

Website: [www.district19L.org/](http://www.district19L.org/)

Facebook: [www.facebook.com/profile.php?id=100094341687345&mibextid=LQQJ4d](http://www.facebook.com/profile.php?id=100094341687345&mibextid=LQQJ4d)

### Multiple District 19

Website: [lionsmd19.org](http://lionsmd19.org)

[www.facebook.com/groups/2366674192](http://www.facebook.com/groups/2366674192)

### Lions of Canada Fund for LCIF

Website: [lionsofcanadafundforlcif.ca](http://lionsofcanadafundforlcif.ca)

Facebook: [www.facebook.com/LCIFLions](http://www.facebook.com/LCIFLions)

### BC Lions Society for Children with Disabilities

Website: [lionsbc.ca](http://lionsbc.ca)

Facebook: [www.facebook.com/EasterSealsBCY/](http://www.facebook.com/EasterSealsBCY/)

### C.A.R.E. Project (click on "Affiliations" tab)

<https://lionsmd19.org>

### Lions of BC Hearing Conservation Society

[lionsofbchearingsociety.org](http://lionsofbchearingsociety.org)

### Leader Dogs for the Blind

[leaderdog.org](http://leaderdog.org)

### Lions Foundation of Canada Dog Guides

[dogguides.com](http://dogguides.com)

### Diabetes Awareness

[diabetes.ca](http://diabetes.ca)

### Northwest Lions Foundation - restoring sight, hearing and hope

Website: [nlfoundation.org](http://nlfoundation.org)

### Global Action Team (GAT)

Facebook: [www.facebook.com/groups/2236757789943562](http://www.facebook.com/groups/2236757789943562)

Lions Global Causes: [www.lionsclubs.org/en/explore-our-clubs/our-global-causes](http://www.lionsclubs.org/en/explore-our-clubs/our-global-causes)

### Leo Clubs

Website: [Lionsclubs.org/leos](http://Lionsclubs.org/leos)

Facebook: [www.facebook.com/leoclubs](http://www.facebook.com/leoclubs)

**The Vancouver South Lions Club** is one of the oldest community service clubs in Vancouver and its major fundraising project is the Christmas tree lot. The club has operated the tree lot every December for over 35 years! The club raises funds for community programs and local charities.

Our VMHA U18A1 had the opportunity to help the Vancouver South Lions Club set up their Christmas Charity Tree Lot this year! The team worked alongside the Lions Club members to get the job done. They did a great job. Nice work team, looks good!





**Let's Celebrate Our 1st  
District 19L Annual Convention  
April 12-13, 2024**



*Lead The Way*

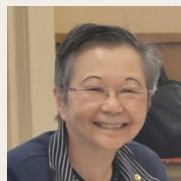
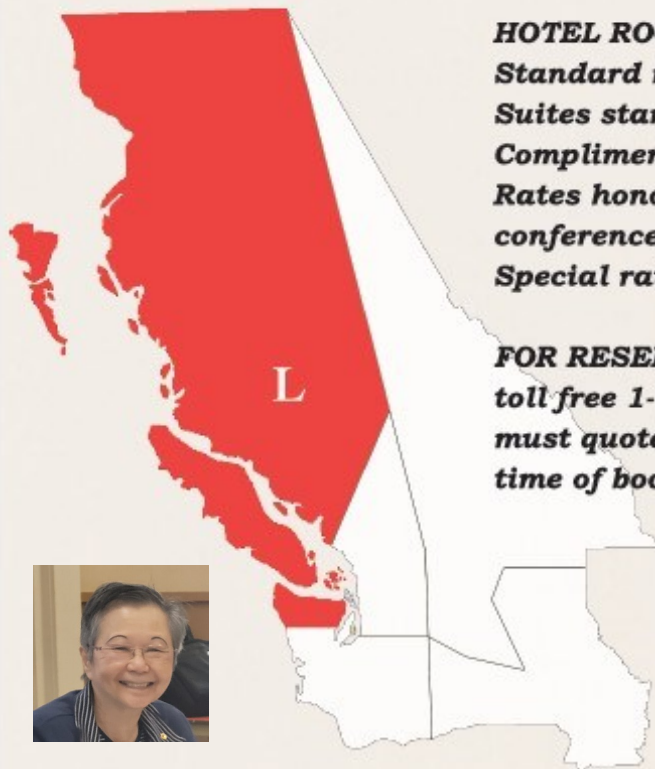
**at  
Executive Hotel Vancouver Airport  
7311 Westminster Highway Richmond, BC**

**April 12, 2024 (Friday)**

**Cabinet Meeting, Fun Night**

**April 13, 2024 (Saturday)**

**Fellowship Breakfast, Opening Session, Memorial Service,  
Lunch, Contests,  
Appreciation Banquet & Awards**



**HOTEL ROOM RATES: Single or double occupancy,  
Standard room @ \$179/room night + taxes.  
Suites start @ \$199/room night + taxes.  
Complimentary parking & Wi-Fi included.  
Rates honored up to 3 days prior and post  
conference, subject to availability.  
Special rate expires March 11, 2024.**

**FOR RESERVATIONS: Call 604-278-5555 or  
toll free 1-800-663-2878. For special rates, you  
must quote "Lions District 19L Conference" at  
time of booking.**

**Convention Chairperson**

**Polly Voon, PCC**

**Phone: 604-290-7756**

**Email: [polly\\_voon@telus.net](mailto:polly_voon@telus.net)**

**"CONFERENCE REGISTRATION & PROGRAM DETAILS TO COME"**

# District 19 L Clubs by Zone

## Zone L-A1

### Zone Chair: **MICHAEL CHENG**

Vancouver East Lions Club  
Cell: 604-889-2166  
Email: michael@mikecheng.ca

Vancouver Arbutus Lions  
Vancouver Cambie Lions  
Vancouver Cambie Jr. Branch  
Vancouver Cathay Lions  
Vancouver Cathay New Century Lions  
Vancouver Chinatown Lions  
Vancouver Chinatown Leo  
Vancouver Churchill Leo  
Vancouver East Lions  
Vancouver Legacy Lions  
Vancouver Midas Lions  
Vancouver Northern Star Lions  
Vancouver Pacific Lions  
Metro Vancouver Leo  
Vancouver Pioneer Lions  
Vancouver Pioneer Leo  
Vancouver Shaughnessy Lions  
Vancouver Templeton New Century Lions  
Vancouver Templeton Leo

## Zone L-A2

### Zone Chair: **MIKE JENSON**

Ambleside Tiddlycove Lions Club  
Cell: 604-848-5299  
Email: mjenson605@gmail.com

Ambleside Tiddlycove  
Lynn Valley Lions  
Mount Seymour Lions  
North Vancouver Deep Cove Lions  
Pemberton Lions  
Squamish Lions

## Zone L-A4

### Zone Chair: **KEN COPPING**

Prince Rupert Lions Club  
Res: 250-624-8278 Cell: 250-624-1363  
Email: spr@citywest.ca

Granisle Lions  
Prince Rupert Lions  
Skidegate Inlet Lions

## Zone L-A6

### Zone Chair: **BILL CONWAY**

Email: 5122wac@telus.net

Gibsons Lions  
Sunshine Coast Lions

## Zone L-A7

### Zone Chair: **JACKIE LEE**

Vancouver Diamond Lions Club  
Res: 604-773-3824 Cell: 604-773-3824  
Email: jackielee.richmond@gmail.com

Vancouver Broadway Lions Club  
Vancouver Burrard Lions Club

Vancouver Kitsilano Lions Club  
Vancouver Kitsilano Leo  
Vancouver West Leo  
Vancouver Diamond Lions Club  
Vancouver Diamond Campus Lions Club  
Vancouver Fraser Lions Club  
Vancouver Fraser Leo  
Vancouver Granville Lions Club  
Vancouver Marpole Grandview Lions Club  
Vancouver Point Grey Lions Club  
Vancouver Point Grey Leo  
Vancouver Queen Elizabeth Lions Club  
Vancouver South Lions Club  
VSNH Leo

## Zone L-A8

### Zone Chair: **MICHAEL LOU**

Vancouver Metropolitan Lions Club  
Cell: 604-726-2185  
Email: lou.kc.michael@gmail.com

Vancouver Gateway Lions Club  
Vancouver Imperial Lions Club  
Vancouver Metropolitan Lions Club  
Vancouver Sunshine Lions Club

## Zone L-A9 Vacant

Burnaby Edmonds Lions Club  
Burnaby Byrne Creek Leo  
Burnaby Lougheed Lions Club  
Burnaby North Leo  
Vancouver Evergreen Lions Club  
Vancouver Renfrew Lions Club  
Vancouver Yaletown Lions Club

## Zone L-11

### Zone Chair: **ELLIOT MANN**

Forks Lions Club  
Res: 360-640-2994  
Email: elliot.f.mann@gmail.com

Clallam Bay Sekiu Lions  
Crescent Bay Lions  
Forks Lions  
Port Angeles Lions  
Quilcene Lions  
Sequim Valley Lions

## Zone L-12

### Zone Chair: **GARY FOSTER**

Esquimalt Lions Club  
Cell: 250-889-5644  
Email: gdfoster065@gmail.com

Esquimalt Lions  
Saanich Lions  
Sooke Lions  
Sooke District Lioness Lions  
Sooke Harbourside Lions  
Victoria Lions  
Victoria Chinatown Lions  
Victoria Chinatown Lioness Lions  
West Shore Lions

## Zone L-13

### Zone Chair: **JAMES SIKORA**

Salt Spring Island Lions Club  
Res: 250-931-7322 Cell: 250-626-7372 G9  
Email: james\_sikora@hotmail.com

Central Saanich Lions  
Galiano Island Lions  
Mayne Island Lions  
Pender Islands Lions  
Salt Spring Island Lions  
Saturna Lions  
Sidney Lions

## Zone L-14

### Zone Chair: **MARGARET WALL**

Duncan Lions Club  
Cell: 250-715-5787  
Email: margaretrwall@hotmail.com

Cedar Lions  
Cowichan Lake Lions  
Duncan Lions  
Ladysmith Lions  
Malahat Lions  
Mill Bay Lions

## Zone L-15

### Zone Chair: **PZC Cathy Specht**

Comox Valley Monarch Lions Club  
Home 250 338-0509 Cell 250 897-6453  
cathy.specht@shaw.ca

Baynes Sound Lions  
Black Creek Lions  
Comox Valley Lions  
Comox Valley Monarch Lions  
Gold River Lions  
Qualicum Bay Lions  
Tahsis Lions  
Willow Point Lions

## Zone L-16

### Zone Chair: **ETTORE TAMBURINI**

Port Alice Lions Club  
Email: tamburinia@hotmail.com

Malcolm Island Lions  
Port Alice Lions  
Port Hardy Lions  
Port McNeill Lions

## Zone L-17

### Zone Chair: **BETSY BANFORD**

Gabriola Island Lions Club  
Res: 250-247-9232 Cell: 250-714-4939  
Email: gabelionbetsy@gmail.com

Alberni Valley Lions  
Gabriola Island Lions  
Nanaimo Lions  
Nanaimo Hub City Lions  
Nanoose Bay Lions  
Parksville Lions  
Protection Island Lions