

District 19L

NEWSLETTER DISTRICT GOVERNOR ELAINE LUK

March 2024 ISSUE



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DISTRICT GOVERNOR'S MESSAGE

It's time for us to focus on New Membership and Extension. Other clubs bring in new members every month, why is it working for them and not for others? What are they doing that other clubs are not? Is it the members? Is it the way they run their meetings? Is it the fun and fellowship they are sharing? There must be a reason. Have you wondered what that reason could be? Or is it that some clubs are just content to sit on their laurels and quietly exist? Now is the time to shake up your members, your meetings, and your clubs.

Start this Spring Season by encouraging things to grow. You should be choosing your new board members now. Nominate members who will bring new ideas into your clubs. Nominate members who will become involved in your club activities. Nominate members who will make a difference. It is only by change that we will continue to grow. Change for the positive is rewarding!

If every member of your club brings a friend to their next meeting, you should gain at least one of them as a new member. Make your meetings fun. Bring in Guest Speakers, make it a special event by introducing a talent portion, play a game, or show a video. There are a lot of events you can incorporate into your meetings.

It is by thinking outside of the box that our membership will grow, and you will look forward to attending your club meetings. Your meetings are something every Lion should be able to look forward to attend.

I am asking all clubs out there to send photos and new clips of your club meetings. Share your ideas, thoughts, and successes. Make a difference in the name of Lionism.

DIST L EXECUTIVE



DG Elaine Luk



IPDG
May Ho



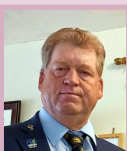
IPDG
Lia Versaavel



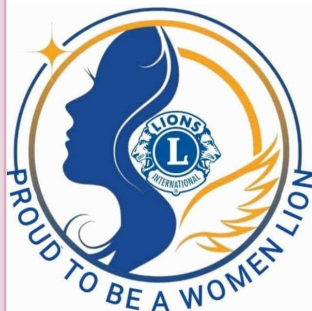
Cab Secretary
PDG Grace Hwo



Cab Treasurer
PZC Teresa Ng



1st VDG
Kevin Borde



Elaine Luk,

District 19L District Governor 2023-2024

DISTRICT L Cabinet Members

CABINET CHAIRPERSONS

GAT Coordinator: DG Elaine Luk

GLT Coordinators: PDG Rita Fok
PCC Al Beddows

GMT Coordinators: PDG Kenneth Liu
PZC Betty Anne Herbert

GET Coordinators: PZC Sherman Lo

GST Coordinators: PCS Clara Chow
PDG Georgia Medwidrich

COMMITTEES UNDER GST

Vision:

Diabetes: PDG Georgia Medwidrich

Hunger:

Childhood Cancer:

Environment: PZC Pollyanna Lui

BC Lions Society Chairpersons:

(Mainland) PZC Sharon Hansen

(Island) PDG Rob Dalton

CARE Chairperson: IPZC Jocelyn Wan

Convention Chairperson: PCC

Polly Voon

Constitution & Bylaws Chairperson:

PCC Polly Voon

Contests & Awards: PZC Kitty Lo

Cultural & Com Activities Chairperson:

PDG Peter Cheng

District Administrator PZC Sherman Lo

District Marketing Chairperson:

IPDG May Ho

District Newsletter Chairperson:

Evelyn Smith

LCIF Coordinators: PDG Shella Keung

PDG Lorne Bunyan

Leo Liaison Chairperson:

PDG Grace Hwo

LFC Dog Guide Co-chairs:

PDG Simon Yau

Carol Martin

Lions Quest Chairpersons:

PZC Vivian Lo

Betsy Banford

Parliamentarian: PCC Polly Voon

Peace Poster Co-Chairs:

Amy Tam

James Hoskins

Youth Exchange Co-chairs

PZC George Sim

IPDG Lia Versaavel

DG VISITATION SCHEDULE

Schedule Confirmed 2024:

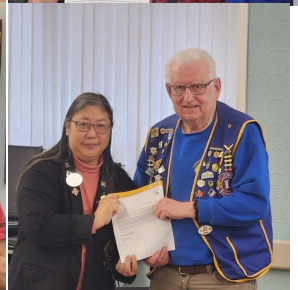
March 5th	Sidney Lions Club (L-13)
March 6th	Pemberton Lions Club (L-A2) (Joint ZC & DG visits)
March 7th	Squamish Lions Club (L-A2) (Joint ZC & DG visits)
March 25th	Saturna Lions Club (L-13)
March 26th	Nanaimo Hub City Lions Club (L-17)
April 8th	Cedar Lions Club (L-14)
April 20th	Port McNeil Lions Club (L-16)
April 25th	Sooke Lions Club (L-12)
May 2-9	Prince Rupert Lions, Skidegate Lions and Granisle Lions
May 20th	Nanaimo Lions Club (L-17)
June 11th	Comox Valley & Comox Valley Monarch & Gold River Lions



COMOX VALLEY LIONS host ZONE L-15 MEETING

Thanks ZC Cathy stepping up as zone chairperson for I5 which exemplifies leadership in our District. Thanks 1st VDG Kevin for delivering message about leadership and it's great to have 6 club's representatives show up out of 7 clubs. So happy to listen to the services you all performed to your community. I am so proud of you all .

President Nancy presented our special guests a memento of their visit: Left to right: ZC L-15 Cathy Specht, DG Elaine Luk, 1st VDG Kevin Borde, Comox Valley Lions and President Nancy Owen.



INSTALLATION & VISITATION HIGHLIGHTS

ZONE I-A8 SOCIAL



Unique John Travolta costume Contest! The Lions Executive leaders DG Elaine Luk & A8 Zone Chair Michael Lou and two music professionals Richard Yuen & Michael Samson selected the champion, second and third runner-up, and they were well-deserved.



MALAHAT LIONS



So happy to saw someone filling up the new member application form when entering the meeting venue of Malahat Lions Club.

Congratulations to Lion Malcolm Smith for receiving 10 year Membership Chevron. Thanks for introducing all the services your club has done to me, your club is awesome!



COWICHAN LAKE LIONS



Cowichan Lake Lions Club. Congratulations to Lion Dianna Fountains for receiving 10 year Membership Chevron, Lion Richard W Elliott and Rose V Elliott for both receiving 15 year Membership Chevron. President Lion Bill Stewart presented the me with a \$100.00 donation to my favourite charity.



2023 - 2024 LCI LEADERSHIP



INSTALLATION & VISITATION HIGHLIGHTS

DIST L DOG GUIDES FUNDRAISER



District 19L LFC DogGuides Fundraising Gala at Pink Pearl Restaurant with Guest Speaker Past International President Justice Brian Stevenson.

INSTALLATION & VISITATION HIGHLIGHTS

LADYSMITH LIONS



Visiting Ladysmith Lions Club - a Lions Club with 82 years history. Thanks for what your club has contribute and serve to your community and to the rest of the world over these years.

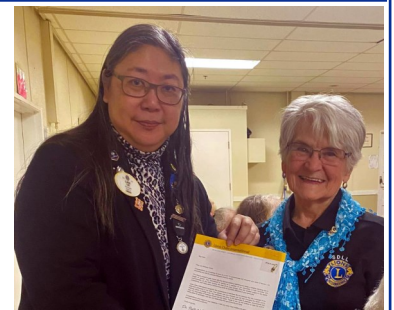


Congratulations to Lion Beatrice Jean Watson for receiving 10 year Membership Chevron, Lion Alexander G Garvin for receiving 15 year Membership Chevron and IPDG Lia Versaavel (not present) for receiving 20 year Membership Chevron.

SOOKE DISTRICT LIONESS LIONS



I am so happy to induct four new members while visiting Spoke District Lioness Lions Club, presenting Club Excellent Award 2022-2023 and 20 year Charter Membership Chevron to Lion Barbara Young and Joanne Phillips, 30 year Charter Membership Chevron to Lion Jo John. I am impressed by these group of ladies while listening to the services the club has done.



NORTH VANCOUVER DEEP COVE LIONS



Celebrating Valentine's Day with a group of lovely ladies is a wonderful experience. Thanks for North Vancouver Deep Cove Lions Club for your warm hospitality and good food.



THE NORTHERN ROAR

Greetings Fellow Lions News ROAR FROM the North MD 19 L A-4

By Ken Copping Zone Chair LA-4

PRINCE RUPERT LIONS

Lions Barb and Anne stopped in to visit Beth at the Salmonoid Enhancement Facility with a cheque to help with operating costs. We feel it's a good use of Blue Knuckle Derby money.



Thanks to Maverick, Canada Safeway and Save on Foods staff for helping our club load Food Bank essentials in Dwayne Daveys truck for delivery to the Salvation Army during your busy monthly savings days . We were able to stretch Blue Knuckle Derby profits from bumper to bumper.

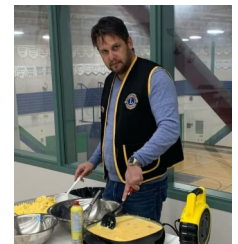
We are pleased to sponsor two teams for the Prince Rupert Youth Soccer Association's upcoming season. Early registration started February 18th and indoor Futsal is in the works.



We donated funds to Pineridge Elementary School to purchase 2 bread making machines. The machines will circulate between classes and provide a unique food-making opportunity for the students.



Our Lions had another busy but fun day Serving breakfast this morning at Charles Hays Secondary



This year's Children's Fest takes place on March 2nd at the Civic Centre. A featured activity will be Laser Tag in the Gymnasium. The Prince Rupert Lions Club is happy to support this popular event.



- Right - Ed Landrath and his sight guide dog help serve community.



- Left - Lions Barb Main and Anne Copping and Roaring Skinny Lion support youth gymnastics.

- Right - Wild Life and environment Roaring skinny Lion President Len Lovering, Lion Dave Main and Lion Anne Copping along with Nancy Golinia receiving funding towards medical supplies food and animal services.



Lions support community providing funding for renewal of chair replacement in performing arts center. Lions Anne Copping Roaring Skinny Lion Lion Lorann Davey, and Lion Barb Main provided funding. Youth education funding Prince Rupert Lions donate funds for elementary students learning kitchen skills for bread making

SUNSHINE COAST LIONS

The Sunshine Coast Lions Club is hosted a Superbowl 50/50 @ The Lighthouse Pub Sechelt. Tickets were \$2.00 each, 4 for \$5.00, or 10 for \$10.00. The winner was drawn after the third quarter.

INSTALLATION & VISITATION HIGHLIGHTS

MILL BAY LIONS



DG Elaine presented to Lion Terry Little, a certificate for his 40 years as a lion.

A small club with big heart.

Pender Island Lions



Enjoying the lovely view from the resort I stay (because no ferry schedule can return on the same night), congratulations to Lion Dave Dryer for receiving a Life Membership from Pender Island Lions Club for his unwavering service to their club and community.

Vancouver Diamond Lions Chinese New Years Celebration - BC Cancer



INSTALLATION & VISITATION HIGHLIGHTS

Vancouver Metropolitan Lions Chinese New Years Fundraising Gala



2nd installment \$10,000 toward \$25,000 pledge for Dog Guides "Difference" project from us last night of Lions Foundation of Canada Dogguides event



Duncan Lions



Duncan Lions Club thanks for the warm hospitality and generosity donation to your community and other organizations. Happy to meet some many awesome Lions and share wonderful ideas.



Victoria Chinatown Lioness Lions Lunar New Years



Big kudos to Victoria Chinatown Lioness Lions Club for hosting a Lunar New Year fundraising event with more than 300 attendees. A night full of fun and fellowship

INTERNATIONAL PEACE POSTER - PEACE WITHOUT LIMITS



For over three decades, Lions clubs around the globe have been sponsoring a very special art contest in schools and youth groups. Creating peace posters gives children everywhere the chance to express their visions of peace & inspire the world through art and creativity.

<https://www.lionsclubs.org/en/start-our-approach/youth/peace-poster>

The 2024 – 2025 Theme is Peace Without Limits

Students ages 11, 12 or 13 as of November 15 are eligible to participate in the International Peace Poster Contest. Entries not meeting the following deadlines will be

disqualified.

January 15: Kits go on sale from the Club Supplies Sales Department at Int'l HQ.

October 1: Deadline to purchase kits.

November 15: Postmark deadline for a club to send one winning poster to the DG.

December 1: Postmark deadline for a DG to send one winning district poster to MD council chairperson.

December 1: Postmark deadline for a DGH not belonging to a multiple district to send one winning poster to the Brand & Creative Department at Int'l Headquarters.

December 1: Postmark deadline for a club not belonging to a district to send one winning entry to the Brand & Creative Department at International Headquarters.

December 15: Postmark deadline for the multiple district council chairperson to send one winning poster to the Brand & Creative Department at Int'l Headquarters.

February 1: International winners notified on or before this date.

To order kits (Jan 15 0 Oct 1): <https://lionsclubsinternational.myshopify.com/collections/kits/products/ppk1>



LIONS QUEST



For more information contact: <https://www.lionsquest.ca/pages/support-us>

Watch this short YouTube video to learn about Lions Quest

<https://www.youtube.com/watch?v=jxpBUQQLIG4&t=46s>

We have to ask you - do you want your Children to make bad decisions when they become Young Adults?

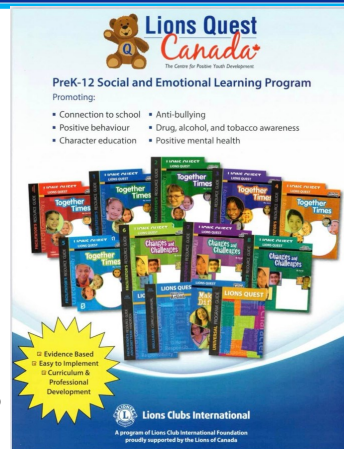
- Did you know that our Program is recognized as the best tool to help prevent Gang & Terrorism Recruitment?
- Did you know our Program helps a School Environment?
- Did you know our programs help Students, Families & Communities?
- Did you know that our program is recognized by the United Nations?



We are asking all Lions Clubs in District 19-L to donate at least \$250 to Lions Quest Canada!! Our Club has budgeted money & will be supporting a Lions Quest Community Partnership Workshop in the very near future!!

Our International **President Lion Dr Patti Hill** is a proud supporter of Lions Quest Canada! She would love to see Lions Quest Canada succeed!!

Please Reach out to your Lions Quest District Chair or Lions Quest Canada for more information!!



DISTRICT L (Island Region) PROJECT

Wounded Warrior Run BC - Vancouver Island
 Port Hardy - Victoria
 Feb 25 - Mar 3, 2024



11th Annual

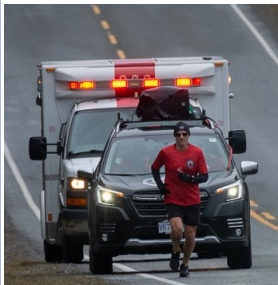


The Wounded Warrior Run is an event that was supported as a District project for former District I. The run is only held on Vancouver Island. If mainland clubs would like to support Wounded Warriors, you can make donations @ <https://woundedwarriors.ca/donate/>

The Wounded Warrior Run is held every year on Vancouver Island. The former District I clubs on the island took the run on as a District Project. There was a "One Day Run" from Sooke to Sidney. They raised over \$5000.



www.facebook.com/WoundedWarriorRunBC



The purpose of the run is to raise awareness and funds for Wounded Warriors Canada, which provides services, support and training to Military, Veterans, First Responders and their families who have suffered, or are dealing with operational stress injuries, including post-traumatic stress disorder (PTSD).

Day one is in the books! (Feb 26th) The team had a great run starting out in Port Hardy this morning at 7.00am after a blessing ceremony by Chief Calvin Hunt ran to Port MacNeill where we were treated to the best hamburgers on the Island & some amazing donations! After lunch we ran into weather. Every kind of weather... in the space of an hour we encountered bright sun, a blowing gale, a blizzard and pouring rain, but the



runners didn't falter and we arrived, 107 kms later, in Woss right on time. We had a wonderful supper at the Woss Community Centre and then it was back to the hotel for the night. Tomorrow we head for Sayward. John W. Penner

IN MEMORY

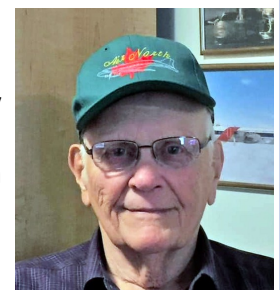


Sooke Lions Club - Helge Vedel Jensen

Lion Helge was a valued member of our club for 15 years. He was a hard worker and enjoyed volunteering in the community he loved. Helge was very popular with club members because of his great sense of humour, keeping us all entertained and in good spirits.

Sooke Lions - January 30, 2024 - Lion Lorne Christenson

Lorne started with the Sooke Lion Club 29 years ago but his impact on our club will last for many years to come. He held many leadership positions. Lorne was a natural and charismatic leader. He guided some of our club's biggest and most successful projects and fundraisers. We relied on Lorne as a wise and experienced Lion. This is not to say we escaped his sly wit and wonderful sense of humour. Lorne was awarded a Lifetime Membership.





DIABETES CANADA

District L Diabetes

The Diabetes "Fitness Challenge" has six weeks left until the participating clubs of 13 with over 150+ members

stepping it out are finished for this year. I hope this challenge will continue to bring awareness to Lions and show that activity is needed to help manage blood sugar levels. The winner will be announced at the DG Convention in April!

With District L being as big as it is and separated by a body of water the Diabetes monthly newsletters are my only way of getting the word out to the clubs. My hope is that all zone chairs and secretaries are sharing them with their members to help support diabetes.

Just a bit of information for you, the Canadian Diabetes National Liaison committee will be starting up next month, I am the BC Rep. This is where I will be gathering more information to share with our Lions with respect to Diabetes.

Thought of the day~! *If I cannot do great things, I can do small things in a great way!*



Changing the World!

PDG Georgia Medwedrich,
District L Diabetes Chair

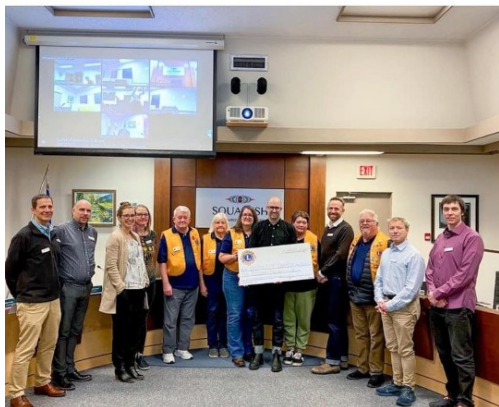


District of Squamish

8m · 🌐

Thank you to the Squamish Lions Club for their generous donation of \$10,000 to contribute towards the construction of the inclusive and accessible splash park at Brennan Park Recreation Centre!

Visit <https://letstalksquamish.ca/> to learn more about this project



USEFUL WEBSITES/FACEBOOK

Lions International

Website: lionsclubs.org

Facebook: www.facebook.com/lionsclubs

Intl President Patti Hill

www.facebook.com/LionsPresident/

District 19 L

Website: www.district19L.org/

Facebook: www.facebook.com/profile.php?id=100094341687345&mibextid=LQQJ4d

Multiple District 19

Website: lionsmd19.org

www.facebook.com/groups/2366674192

Lions of Canada Fund for LCIF

Website: lionsofcanadafundforlcif.ca

Facebook: www.facebook.com/LCIFLions

BC Lions Society for Children with Disabilities

Website: lionsbc.ca

Facebook: www.facebook.com/EasterSealsBCY/

C.A.R.E. Project (click on "Affiliations" tab)

<https://lionsmd19.org>

Lions of BC Hearing Conservation Society

lionsofbchearingsociety.org

Leader Dogs for the Blind

leaderdog.org

Lions Foundation of Canada Dog Guides

dogguides.com

Diabetes Awareness

diabetes.ca

Northwest Lions Foundation - restoring sight, hearing and hope

Website: nlfoundation.org

Global Action Team (GAT)

Facebook: www.facebook.com/groups/2236757789943562

Lions Global Causes: www.lionsclubs.org/en/explore-our-clubs/our-global-causes

Leo Clubs

Website: Lionsclubs.org/leos

Facebook: www.facebook.com/leoclubs

DISTRICT L C.A.R.E.



Cheques can be sent to MD19 Lions,
 PO Box 1621, Aldergrove, BC, V4W 2V1
 Payable to MD19, in memo section write CARE

As District L CARE Chairperson, I challenge 19L clubs, each club to raise \$500 to support MD19 service project, a very meaning project to support Honduras families.

Lion Jocelyn Wan, IPZC
19L CARE Chairperson

Visit https://lionsmd19.org/gordon_smith.php to learn more about the Gordon F. Smith Fellowship



C.A.R.E. Zoom Meeting

Useful Calendar Dates for Lions



- 04 January - World Braille Day
- 05 February - International Childhood Day
- 15 February - International Cancer Day
- 03 March - World Wildlife Day
- 08 March - International Women's Day
- 20 March - Lions Day at the United Nations
- APRIL - ENVIRONMENTAL AWARENESS MONTH
- APRIL - WORLD LEOS CLUBS MONTH
- 22 April - Earth Day
- 24 April - Lions Worldwide Induction day
- 15 May - International Day of the Family
- 28 May - World Hunger Day
- 01 June - Helen Keller Day
- 05 June - World Environmental Day
- 07 June - Lions Clubs International Birthday
- 30 July - International Day of Friendship
- 12 August - International Youth Day
- SEPTEMBER - HUNGER AWARENESS MONTH
- 21 September - International Day of Peace
- OCTOBER - VISION AWARENESS MONTH
- 04 October - World Animal Day
- 08 October - Lions World Service Day
- 13 November - World Kindness Day
- 14 November - World Diabetes Day



World Calendar: Need some new ideas for your club? Check the Lions calendar of ideas.

INTERNATIONAL, NATIONAL AND DISTRICT CALENDAR

2024

MARCH

- March 1** Lions Day with the United Nations (New York City)
- March 8** International Women's Day
- March 13** Dist Annual MJF/PMJF Appreciation Gala, Richmond IPDG Brian Sheehan keynote speaker
- March 14** 1 LCI Board Meeting

APRIL

- April Environmental Awareness Month**
- Leo Club Awareness Month**
- April 12** 4th Cabinet Meeting
- April 13** District L Convention Executive Hotel Vancouver Airport
- April 27** Worldwide Induction Day (WWID) membership celebration to unite clubs around the world in welcoming new members.

MAY

- May Strengthen Membership Month
- May 16-19** MD19 Convention Silver Reef Casino Bellingham
- May 08-10** LCIF Board of Trustees meeting •Oak Brook, IL (USA)

JUNE

- June 2** LCIF Tell-A-Thon
- June 03-04** MISSION 1.5 Worldwide Reporting Day
- June 6th** 107th LCI Anniversary
- June 21** - FVDG/DGE Seminar (Day 4) •Melbourne, Australia DGEs
- June 21-25** 106th Lions Clubs International Convention •Melbourne, Australia

Want to help out next year with the ROSE PARADE - Become a Float Ambassador. \$500 Annual Donation to become an Ambassador, buy roses or volunteer decorating? For more information visit:

<https://lionsfloat.org/ambassador>
<https://lionsfloat.org/rose>
<https://lionsfloat.org/decorating>



DISTRICT L CONFERENCE NEWS



KEYNOTE SPEAKER: MARIA T. CUNNING INTERNATIONAL DIRECTOR Maria T. Cunning from Phoenix, Arizona, USA, was elected to serve a two-year term as an international director of Lions Clubs International at the association's 105th International Convention in Boston, Massachusetts, USA, July 7 through July 11, 2023.

Director Cunning is a business owner and entrepreneur with more than 35 years of experience in real estate development.

For her full Bio visit <https://www.district19l.org/19l-convention-2024>



District 19L 2024 Spring Convention

April 12 & 13, 2024

Executive Hotel Vancouver Airport
7311 Westminster Highway
Richmond, B.C. V6X 1A3

Update

Do not hold off any longer! Register **NOW** for the inaugural 19L Convention!

Registration Deadline: March 15th, 2024

Dates: April 12 & 13, 2024

Venue: Executive Hotel Vancouver Airport
7311 Westminster Highway
Richmond, B.C. V6X 1A3

Convention Schedule:

Friday, 12 April 2024: Cabinet Meeting 2:00pm (Venue: tbc), Fun Night

Saturday, 13 April 2024: Morning – Breakfast, Opening Session, Memorial Service,
Leadership Panel
Afternoon - Fellowship Lunch, Contests
Evening - Appreciation Banquet

Early Bird Registration Winners:

Lion Evelyn Bowers: Sooke Harbourside Lions L-12 Lion Anne-Louise Gibbons :Esquimalt Lions L-12

Congratulations! Lions Evelyn and Anne-Louise, please check in with Convention Chair Polly Voon to collect your prizes during the Convention.

Request for donations to Convention Raffle: Please consider donating prize items or cash (\$50 value) for convention raffle to help defray the cost of the convention. Donors will be acknowledged in the Convention Souvenir Program and at the Convention.

Souvenir Program Book (8 x 11 full color): consider taking out an ad to highlight your club's signature service projects or to promote your personal business. Refer to the Souvenir Program Advertising Agreement form for rates and instructions.

Questions? Email or call Convention Chairperson Polly Voon

Lion Polly Voon PCC

2023-24 19L Convention Chairperson

polly_voon@telus.net or 604-290-7756

DISTRICT L CONFERENCE NEWS - Contests & Awards

SIGN UP FORM for LIONS, LIONESSESS and LEOS

Dear Lions Leaders, Club Presidents, and Secretaries,

Let us all have fun at the upcoming Spring Conference which will be held on April 12, 2024 & April 13, 2024.

Get your club involved by signing up for one or more of the following contests and experience Lionism at its best. It is also a chance to express your talent and performance potential.

Please e-mail your club's completed entry to **PZC Kitty Lo, Contests & Awards Chair at lionskittylo@gmail.com**
BY **MARCH 22, 2024**

Club Name: _____ Contact person: _____

MD 19 Categories:

- { } * Club Brochure https://lionsmd19.org/downloads/rules_brochure.pdf
- { } * Club Bulletin https://lionsmd19.org/downloads/rules_club_bulletin.pdf
- { } * Club Business Card https://lionsmd19.org/downloads/rules_business_card.pdf
- { } * Club Scrapbook (Traditional)
- { } * Club Scrapbook https://lionsmd19.org/downloads/rules_club_scrapbook.pdf
- { } * Club Website https://lionsmd19.org/downloads/rules_club_website.pdf
- { } * Environmental Photo https://lionsmd19.org/downloads/rules_lions_in_action_photo.pdf
- { } * Lions in Action Photo https://lionsmd19.org/downloads/rules_lions_in_action_photo.pdf

* These categories will be judged 2 weeks prior to the Spring Conference.

Contest date April 13, 2024

- { } Achievement Speech (5 Minutes) https://lionsmd19.org/downloads/rules_achievement.pdf
- { } Musical Comedy (8 Minutes) https://lionsmd19.org/downloads/rules_musical_comedy.pdf
- { } Musical Performance (8 Minutes) https://lionsmd19.org/downloads/rules_musical_performance.pdf
- { } Uniform Parade (Contest at District Luncheon) https://lionsmd19.org/downloads/rules_uniform_parade.pdf

Please email your club sign up form **on or before March 22, 2024**. Mail address: Unit 101-5235 Grimmer Street, Burnaby, B.C. V5H 2H3 Email address: lionskittylo@gmail.com

Please sign up early to avoid last minute rush.

Yours in Lionism, Kitty Lo, PZC, District 19L Contests and Awards Chair

DISTRICT 19L CONVENTION RAFFLE

Dear Lion President & Secretary:

The 2023-2024 District 19L Conference Raffle Team is soliciting donations of items and/or cash towards the Convention Raffle. The raffle tickets for the prizes will be sold during the convention with the proceeds going towards defraying some of the expenses for the Convention.

We are asking each club in District 19L for a donation of one or more items or cash (value minimum \$50.00 each). Please clearly mark your club's name, or if an individual donation your name/club name, on the item/s. We wish to acknowledge your contribution to the Convention Raffle and ask that you email to me (polly_voon@telus.net) a confirmation of and a description of your donation by **March 29th, 2024**.

To get your donations to the Raffle Team, please – Call or email me to arrange for pick up or delivery of raffle items to the Convention.

If making a cash donation, please make your cheque payable to “Lions District 19L” and mark it “For Conference Raffle” and mail it to:

ATTN: Conference Raffle

19A Spring Convention Team
c/o 408 – 4353 Halifax Street
Burnaby, B.C. V5C 5Z4

Please respond by **March 29th, 2024**. Thank you for your support and participation.

Yours in Lionism, Lion Polly Voon 2024 District 19L Convention Chairperson Tel: 604-290-7756 Email: polly_voon@telus.net

DISTRICT L CONFERENCE NEWS cont'd



2024 District 19L Conference
April 12 – 13, 2024
Executive Hotel Vancouver Airport
7311 Westminster Hwy, Richmond, B.C. V6X 1A3



Souvenir Program Advertising Agreement

Advertiser Name: _____

Billing Address: _____

Telephone: _____ Email: _____

Your Investment:

Full Colour Advertisements:

Back Cover	\$ 600.00
Inside Front Cover	\$ 500.00
Inside Back Cover	\$ 500.00
Full Page	\$ 350.00
Half Page	\$ 180.00

Cheques payable to: "Lions District 19L"

** Add to bottom left of cheque "Re: 19L Conference" **

Mail form and payment to:

Shella Keung, PDG
11 – 3471 Regina Avenue
Richmond, BC V6X 2K8
shellakeung@gmail.com

Amount:
Date Received:
Cheque # :

Mail artwork to Simon Yau PDG at syau88@shaw.ca

Advertising Agreement Deadline: March 15, 2024
Advertising Copy Deadline: March 31, 2024

DISTRICT L NEWS/EVENTS

DISTRICT 19L MELVIN JONES FELLOWS APPRECIATION GALA 2024

March 13rd, 2024 (Wednesday)
Continental Seafood Restaurant
Ticket: \$80.00



LCIF District Co-Chairperson
PDG Shella Keung
PDG Lorne Bunyan

LCIF Chairperson :
IPIP Brian Sheehan
Key-note Speaker



For tickets information, please contact:
PDG Shella Keung
604-803-6698
Shellakeung@gmail.com

Brian E. Sheehan, from Bird Island, Minnesota, USA, was elected to serve as international president of Lions Clubs International at the 104th International Convention, June 22 through June 28, 2022.



Melvin Jones Fellowship

Contributions for the MJF can be made by individuals (& non-Lions), clubs or districts. Donations may be in one sum or in installments. Melvin Jones Fellows receive a special lapel pin, a plaque and a congratulatory letter.

Progressive Melvin Jones Fellowships

The Progressive Melvin Jones Fellowship (PMJF) program is a way for donors to extend their commitment to LCIF. There are 54 recognition levels beyond the initial US\$1,000 MJF contribution with a unique pin for each giving level. After contributing US\$100,000, donors become Humanitarian Partners.

For more information:

www.lionsclubs.org/en/give-how-to-give/melvin-jones-fellowship

2024 INTERNATIONAL BOARD MEETING HELP WANTED



March 15-20th LCI Board meeting in Vancouver. Volunteers are needed for different areas.

March 15, 2024 - At the airport as greeter and direct those ID and their spouse to the transport spot for travel to hotel.

March 20, 2024 - At the airport to direct those ID and their spouse to their destined airfare counter.

March 15 to 19, 2024 - At the hosting desk at the hotel answering question from those ID and their spouse.

We are also looking for some interpreters for the spouses at the Board Meeting. The interpreters would travel around with the spouses and attend all events. The list is - English to:

Portuguese (interpreting for two spouses)

Chinese (interpreting for two spouses)

Korean (interpreting for two spouses)

Japanese (interpreting for two spouses, possible three)

Hindi – TBD LCI staff pending Visa Approval (interpreting for one spouse)

Nepalese – TBD LCI staff pending Visa Approval (interpreting for one spouse)

The times needed are:

Saturday, March 16, 2024 from 12:00pm – 3:00pm

Spouse Briefing and lunch + service projects (going through the program day by day, assisting and joining the spouse for lunch, and service projects – helping and communicating the instructions)

Sunday, March 17, 2024 from 10:00am – 3:00pm - Granville Island visit and lunch

Monday, March 18, 2024 from 9:00am – 2:00pm - Service Project and Lunch

Please contact DG Elaine directly if you are interested to volunteer and indicating which area you will involve.

Elaine Luk, District 19L District Governor 2023-2024 lionelaineluk@gmail.com

DISTRICT L NEWS

DOG GUIDES - DOG WALKS



"Walking for a Cause: The Joy and Impact of Dog Guide Walks" February 20 2024

In communities around the world, dog guide walks have become more than just a leisurely stroll with our furry companions. They have evolved into vibrant events that blend family fun with invaluable fundraising opportunities, all in support of a noble cause.

Dog guide walks are organized to raise funds for organizations like the Lions Foundation of Canada Dog Guides that train and provide assistance dogs to individuals with disabilities, offering them greater independence, mobility, and companionship. These walks not only serve to generate financial support but also as a platform to raise awareness about the importance of guide dogs in enhancing the quality of life for people with disabilities. Hands down, the dynamics of change is huge!

One of the most appealing aspects of dog guide walks is the inclusivity they promote. These events welcome people of all ages and abilities, encouraging families, individuals, and even businesses to participate. It's a chance for everyone to come together, bond over their love for dogs, and contribute to a cause that makes a tangible difference in people's lives.

The family-friendly nature of dog guide walks is undeniable. Children delight in the opportunity to spend time outdoors with friendly canines, fostering a sense of empathy and responsibility towards animals. For many families, it's a perfect weekend activity, combining exercise, socialization, and philanthropy in one enjoyable package.

Moreover, dog guide walks often feature various activities and entertainment options, making them even more appealing to participants. From dog agility demonstrations to pet-friendly vendors and food stalls, these events offer something for everyone to enjoy. They provide an excellent opportunity for local businesses to showcase their products or services while supporting a meaningful cause. As an example of a significant supporter is Pet Valu at a Bosleys in your neighbourhood.

Fundraising is at the heart of every dog guide walk. Participants are encouraged to gather sponsors or make donations themselves, with all proceeds going towards the training and placement of assistance dogs. Whether through individual pledges, corporate sponsorships, or team fundraising efforts, every contribution counts and helps transform the lives of individuals with disabilities.

Beyond the financial aspect, dog guide walks also foster a sense of community spirit. Participants come together with a shared purpose, forging connections and friendships that extend beyond the event itself. It's a chance to celebrate the remarkable bond between humans and dogs while making a positive impact on society.

In conclusion, dog guide walks offer a unique blend of family fun and fundraising opportunities. They bring people together in support of a worthy cause, while also promoting healthy lifestyles and community engagement. So, the next time you lace up your walking shoes and leash up your furry friend, remember that every step you take is making a difference in someone's life.



Carol Martin

District 19L CoChair - Lions Foundation of Canada Dog Guides (Vancouver Island & Gulf Islands)

Ladysmith Lions Club

Cell: 250-668-2297


Email: carolmartin@telus.net



DISTRICT L NEWS

The Vancouver Templeton New Century Lions Club presents...

Poker Showdown 14



The 14th annual poker fundraising event for the Big Brothers of Greater Vancouver. Come out and enjoy a friendly game of no limit Texas Hold'em Poker. Prizes will be awarded to ALL final table players (Final 8).

Date: Saturday, March 23th, 2024
 Time: Registration @ 12:30pm, Tournament starts @ 1 pm.
 Address: #300 - 5118 Joyce Street, Vancouver BC
 Cost: \$60 (includes refreshments, tournament entry, charity donation)

Transportation/Parking
 Parking: Free parking along the streets and residential area around the office
 Public Transportation: Joyce skytrain station is across the venue. #26, 27, 28 and 41 are the bus routes that will take you to the skytrain station.

A silent raffle/auction will be available during the tournament. Raffle tickets can be paid by credit card or cash.

CLOTHES DONATION INCENTIVE: We will be providing each player \$1000 of bonus poker chips for **EACH BAG** of used clothing that is brought to the event (**MAX 2 BAGS PER PLAYER**). In addition, there will be one rebuy per player.

Please email questions and register by **Thursday March 21st 2024** to either Lion Edmond Chew
 Christopher Chow
 Email: edmondchew88@gmail.com Email: cchow25@gmail.com
 Cell: 778-829-4869 Cell: 604-351-2898

MISSION 1.5

MISSION 1.5 enhancement

Fast Start challenge during the MISSION 1.5 Initiative.


Leadership Medal: Districts will receive a Leadership Medal for every 2 clubs formed.

Presidential Medal: presidential medal for every 3 clubs formed within the first 3 months of each Lion Year.





Vancouver East Lions received 2022 - 2023 Club Excellence Award.



Vision Diabetes Childhood Cancer Environment Hunger

A note from your GST Coordinators

WHY SERVICE REPORTING

To effectively tell our story, measure our impact and grow membership, it's critical that all clubs report service. Every project we participate in as Lions and Leos, no matter how big or small is valuable in our journey of serving our communities and the world.

There are benefits to reporting service.

For our clubs, reporting service is the final step in our service journey. Reporting service can be a point of pride that can be celebrated and creates a database of the great projects done in a given community. Plus, clubs that report service become eligible for service awards and other forms of recognition.

Reporting service helps to

- accurately measure our global impact
- identify the best ways to work together
- bring attention to the great work of Lions and
- ensure clubs' service is supported in the best ways possible

Does your club report their service? If not, why not? **As IP Patti Hill has stated; Together, the sum of our efforts makes the world a better place, one life, one relationship and one community at a time. Together, we are Changing the World.**

PDG Georgia Medwedrich, GST Island

PZC Clara Chow, GST Mainland



MD 19 CONVENTION REGISTRATION

Theme: Off to the Races Kentucky Derby Style

MD19 Lions Annual Convention Registration
May 23 – 25, 2024



Please email Form with Credit Card information to: Steve Brooks kc7mck@gmail.com.
 Final Deadline for all registrations Friday May 3, 2024. No refunds after May 3, 2024.

Silver Reef Casino and Hotel
 4876 Haxton Way, Ferndale, WA 98248
 Room Reservations Toll free 1-866-383-0777 extension 4120
 Use Code: Multiple District 19 Convention 2024

DEADLINE FOR BOOKING HOTEL ROOMS IS Wednesday, May 8th, 2024

Special Lions room rate of \$139 plus taxes for either a King room or Double Queen room
 Free RV Parking – No hookups

<input type="checkbox"/> Lion <input type="checkbox"/> Leo <input type="checkbox"/> Guest	<u>Print</u> Registrant's Name	<u>Print</u> Registrant's Club	District: _____
		1 st MD19 Convention: <input type="checkbox"/> Yes <input type="checkbox"/> No	
Address: _____		City: _____	Prov/St: _____ Phone: _____
Current Title: _____	Highest Past Title: _____	Email: _____	
Special Dietary Requests: _____	Vegetarian _____ (Alternate vegetarian meal provided) List the life-threatening food allergy, such as mushrooms or shellfish, which will cause serious illness or death. Special Meal Requests must be received before May 3, 2024		

Note: Partners and guests need to complete their own registration form

Date	Event	Price in US Funds	Amount Enclosed
Registration Information	Registration Leo	\$20.00	
	Registration Lions or Guests	\$30.00	
	After April 15 th , 2024 - Registration	\$40.00	
	Pin Trader Table Rental Fee (Waived with paid registration)	Free	
Friday 5/24/24	Vendor Table – Promoting a Product or Event (Waived if Registered & buys a lunch or dinner ticket)	\$25.00	
	Breakfast	\$21.00	
	Lions Luncheon – Everyone Invited	\$26.00	
	Off to the Races Fun Night Ticket Only	\$15.00	
Saturday 5/25/24	Off to the Races Fun Dinner and Fun Night Ticket	\$32.00	
	PDG & Partners' Breakfast	\$21.00	
	Breakfast (Not PDG or Partner)	\$21.00	
	Luncheon	\$32.00	
	Lions Appreciation Banquet (choose only 1 dinner) <input type="checkbox"/> Chicken Cordon Bleu <input type="checkbox"/> Pan Seared Salmon ***Attire: Semi-Formal, Dressy, Business, Club Uniform***	\$35.00 \$44.00	
Total Amount Enclosed			

Please Note: Credit Card charges will be in US Funds. There will be a credit card service fee added to your total.

Please Check Credit Card Type: () Visa () MasterCard

Card #: _____ Expiration Date: _____ / _____

3 Digit Security Code found on back of card: _____ Zip code: _____

Signature if paying by Credit Card: _____

Registrations can be mailed to PDG Steve Brooks, 2308 114th Ave NE, Lake Stevens, WA 98258
 kc7mck@gmail.com

Make checks payable to: MD19 Convention

MD 19 MARCH TRAINING SCHEDULE

Leader Dogs for the Blind *	5 Mar
Marketing 101 *	6 Mar
MS Word: Navigating long documents and using section breaks	11 Mar
New Member Orientation	18 Mar
Club Service Reporting *	20 Mar
Duties and Responsibilities of Club President	21 Mar
The Club Excellence Program *	27 Mar
The GAT positions	28 Mar

* Denotes special expert guest speaker

Additional topics coming soon:

Effective Communications: A Two-Way Street	How to conduct a SWOT analysis
Youth Exchange Program	Childhood Cancer
Duties of the New Member's Sponsor	Navigating the MD-19 Web Site
Low Vision Clinic	Duties and Responsibilities of the Club Tail Twister
Duties of a Guiding Lion	... and much more

This schedule is always posted at the MD-19 web site, [LionsMD19.org](https://lionsmd19.org)

For MD 19 training for March.
For the full schedule visit the MD19 website

(<https://lionsmd19.org/>)

For more information please contact Al Hedstrom @

lional@hedstrom.ws

MARCH 8TH - INTERNATIONAL WOMEN'S DAY

March 8th CELEBRATE INTERNATIONAL WOMEN'S DAY

There's no better time to celebrate the women in your club than International Women's Day on March 8. Here are some great ways your club can get involved.

- Go to the New Voices website for resources to celebrate women Lions. www.lionsclubs.org/en/resources-for-members/resource-center/new-voices
- Post a selfie on Facebook in support of women everywhere on March 8.
- Share a story of an incredible woman in your club on social media. www.facebook.com/groups/lionsnewvoices/



There have been only 2 Women as International Presidents

1. Gudrun Yngvadottir of Iceland 2018 - 2019
2. Patti Hill of Edmonton Alberta 2023 - 2024

	<p>Canadian Lions Eyeglass Recycling Centre. Bay 2,1216 - 34 Ave NE Calgary, Alberta. T2E 6L9 Canada Ph: (403) 640-1056 email:info@clerc.ca Web page: http://www.clerc.ca</p>	
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February 12, 2024

Duncan Lions Club <rickmanifold@telus.net>

Dear Duncan Lions,

Thanks for the donation of glasses. We do appreciate getting them. We have received 16 1/2 tons of glasses so far this year. Last year we processed 25 tons of glasses. Thanks for all your hard work.

We just bought a new forklift battery for under \$9,000. We do not have the exact bill yet. We bought a newer truck for \$31,500. So far this year we have received \$15,300 from BC, \$500 from Saskatchewan, \$3050 from Ontario and \$25,000 from Alberta clubs for a total of \$45,050. Nobody here gets paid a cent. In 2021-22 we lost \$40,001 and in 2022-23 we made \$66,970.15. It cost us about \$100,000 a year to operate.

We have shipped out 256,970 pairs of glasses since June 16, 2023. Last year we sent out ~~about~~ 195,000. This year's glasses have been shipped to Canadians that took them to: Dominican Republic, Ghana, Nigeria, Cuba, Ecuador, Morocco, Mexico, Philippines, Sierra Leone, Sri Lanka, Thailand, Guatemala, Morocco, Burkina Faso, Spain, Malawi, Colombia and Peru.

Spain makes it 101 countries that receive our glasses.

Yours in Lionism,



Gordon ~~Dnasky~~ PDG Secretary Since 2003



CLERC Please disregard all previous communications regarding loose lenses.

CLERC is Accepting loose lenses.

Continue doing what you have been doing.

INTERNATIONAL NEWS

LCICON 106th International Convention - 2024 Melbourne Australia: June 21 - 24, 2024

Interested in Volunteering:
www.melbourne2024.org.au/volunteers-and-supporters

Registration information
www.melbourne2024.org.au/



USA Canada Leadership Forum 2024

The 2024 USA Canada Forum will be held in Louisville Kentucky September 5 - 7 2024



Friends of the Forum group is an excellent way for individuals to actively contribute to the success and continuity of the Lions Leadership Forum. With just a small donation, members not only ensure that the forum continues its legacy of imparting invaluable leadership skills and insights but also play a role in enhancing its quality and reach. As a token of gratitude for this generous support, donors receive special recognition at the event, giving them a sense of belonging and showcasing their commitment to the community. By becoming a part of the Friends of the Forum, individuals can take pride in knowing that they are championing a cause that nurtures leaders and drives positive change in the broader community.

Visit this link to find out more: <https://lionsforum.org/friends/>
Website: <https://lionsforum.org/>
Facebook: www.facebook.com/usacanadalionsleadershipforum



REGISTER AT LIONSFORUM.ORG

District 19 L Clubs by Zone

Zone L-A1

Zone Chair: **MICHAEL CHENG**

Vancouver East Lions Club
Cell: 604-889-2166
Email: michael@mikecheng.ca

Vancouver Arbutus Lions
Vancouver Cambie Lions
Vancouver Cambie Jr. Branch
Vancouver Cathay Lions
Vancouver Cathay New Century Lions
Vancouver Chinatown Lions
Vancouver Churchill Leo
Vancouver East Lions
Vancouver Legacy Lions
Vancouver Midas Lions
Vancouver Northern Star Lions
Vancouver Pacific Lions
Metro Vancouver Leo
Vancouver Pioneer Lions
Vancouver Pioneer Leo
Vancouver Shaughnessy Lions
Vancouver Templeton New Century Lions
Vancouver Templeton Leo

Zone L-A2

Zone Chair: **MIKE JENSON**

Ambleside Tiddlycove Lions Club
Cell: 604-848-5299
Email: mjenson605@gmail.com

Ambleside Tiddlycove
Lynn Valley Lions
Mount Seymour Lions
North Vancouver Deep Cove Lions
Pemberton Lions
Squamish Lions

Zone L-A4

Zone Chair: **KEN COPPING**

Prince Rupert Lions Club
Res: 250-624-8278 Cell: 250-624-1363
Email: spr@citywest.ca

Granisle Lions
Prince Rupert Lions
Skidegate Inlet Lions

Zone L-A6

Zone Chair: **BILL CONWAY**

Email: 5122wac@telus.net

Gibsons Lions
Sunshine Coast Lions

Zone L-A7

Zone Chair: **JACKIE LEE**

Vancouver Diamond Lions Club
Res: 604-773-3824 Cell: 604-773-3824
Email: jackielee.richmond@gmail.com

Vancouver Broadway Lions Club
Vancouver Burrard Lions Club
Vancouver Kitsilano Leo
Vancouver West Leo

Vancouver Diamond Lions Club
Eric Hamber Leo Club
Vancouver Diamond Campus Lions Club
Vancouver Fraser Lions Club
Vancouver Fraser Leo
Vancouver Granville Lions Club
Vancouver Marpole Grandview Lions Club
Vancouver Point Grey Lions Club
Vancouver Point Grey Leo
Vancouver Queen Elizabeth Lions Club
Vancouver South Lions Club

Zone L-A8

Zone Chair: **MICHAEL LOU**

Vancouver Metropolitan Lions Club
Cell: 604-726-2185
Email: lou.kc.michael@gmail.com

Vancouver Gateway Lions Club
Vancouver Imperial Lions Club
Vancouver Metropolitan Lions Club
Vancouver Regency Lions Club
Vancouver Sunshine Lions Club
Vancouver Sunshine Leo Club

Zone L-A9 SHERMAN LO

Vancouver Milestone Lions Club

Burnaby Edmonds Lions Club
Burnaby Byrne Creek Leo
Burnaby Host Lions Club
Burnaby Loughheed Lions Club
Vancouver Evergreen Lions Club
Vancouver Milestone Lions Club
Vancouver Renfrew Lions Club
Vancouver Yaletown Lions Club

Zone L-I1

Zone Chair: **ELLIOT MANN**

Forks Lions Club
Res: 360-640-2994
Email: elliot.f.mann@gmail.com

Clallam Bay Sekiu Lions
Crescent Bay Lions
Forks Lions
Port Angeles Lions
Quilcene Lions
Sequim Valley Lions

Zone L-I2

Zone Chair: **GARY FOSTER**

Esquimalt Lions Club
Cell: 250-889-5644
Email: gdfoster065@gmail.com

Esquimalt Lions
Saanich Lions
Sooke Lions
Sooke District Lioness Lions
Sooke Harbourside Lions
Victoria Lions
Victoria Chinatown Lions
Victoria Chinatown Lioness Lions
West Shore Lions

Zone L-I3

Zone Chair: **JAMES SIKORA**

Salt Spring Island Lions Club
Res: 250-931-7322 Cell: 250-626-7372 G9
Email: james_sikora@hotmail.com

Central Saanich Lions
Galiano Island Lions
Mayne Island Lions
Pender Islands Lions
Salt Spring Island Lions
Saturna Lions
Sidney Lions

Zone L-I4

Zone Chair: **MARGARET WALL**

Duncan Lions Club
Cell: 250-715-5787
Email: margaretrwall@hotmail.com

Cedar Lions
Cowichan Lake Lions
Duncan Lions
Ladysmith Lions
Malahat Lions
Mill Bay Lions

Zone L-I5

Zone Chair: **PZC Cathy Specht**

Comox Valley Monarch Lions Club
Home 250 338-0509 Cell 250 897-6453
cathy.specht@shaw.ca

Baynes Sound Lions
Black Creek Lions
Comox Valley Lions
Comox Valley Monarch Lions
Gold River Lions
Qualicum Bay Lions
Tahsis Lions
Willow Point Lions

Zone L-I6

Zone Chair: **ETTORE TAMBURINI**

Port Alice Lions Club
Email: tamburinia@hotmail.com

Malcolm Island Lions
Port Alice Lions
Port Hardy Lions
Port McNeill Lions

Zone L-I7

Zone Chair: **BETSY BANFORD**

Gabriola Island Lions Club
Res: 250-247-9232 Cell: 250-714-4939
Email: gabelionbetsy@gmail.com

Alberni Valley Lions
Gabriola Island Lions
Nanaimo Lions
Nanaimo Hub City Lions
Nanose Bay Lions
Parksville Lions
Protection Island Lions